

CLOSING TIME: METRO BIDS FAREWELL TO 'MO'

WE LOOK AT THE TOP 10 MOMENTS IN HIS HALL OF FAME CAREER. PAGES 16-17

metro®

NEW YORK CITY Thursday, September 26, 2013

www.metro.us | m.metro.us | twitter.com/metronewyork | facebook.com/metronewyork



DISARMING OUR CITIES

Mayors Against Illegal Guns. Since 2006, a coalition of mayors co-founded by New York's Michael Bloomberg and Boston's Tom Menino has been fighting to keep illegal guns off city streets. **Internet enemies.** Online gun sellers are making it easier for illegal guns to infiltrate city limits. PAGES 12-13

Police seek shooter in Long Island manhunt

PAGE 02

How much could Obamacare cost you?

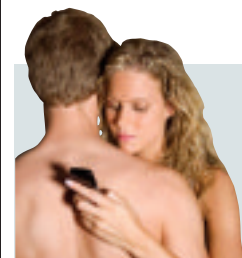
PAGE 08

'Michael J. Fox Show' is sad, sweet and funny

PAGE 19

Please don't continue to cell yourself short

PAGE 26



Metro presents the fourth day in our weeklong examination of gun culture in Boston, New York and Philadelphia. / BILLY BECCERA, METRO

1

NEWS

Quoted

"My afro was never that good."

President Barack Obama complimenting Bill de Blasio's son Dante's afro, during a meeting that the two had

Top 3

What's trending at Metro.us

1 PHOTOS: FBI releases images of Aaron Alexis from Washington Navy Yard shooting'

2 VIDEO: Jimmy Fallon and Justin Timberlake talk in hashtags'

3 VIDEO: Cruz reads 'Green Eggs and Ham' on Senate floor'



Neil Heslin holds a photo of his son Jesse, who was killed at Sandy Hook Elementary. / UNLOAD THE GUNS

Newtown families pressure NYC firm

Time to sell. Parents from Sandy Hook Elementary and gun control advocates came together yesterday.

A still-grieving Newtown father and a coalition of gun control advocates and New York politicians rallied outside Cerberus Capital Management Wednesday to call on the private equity firm to uphold a promise they say was made after the horrific Sandy Hook Elementary School shooting.

On Dec. 18, four days after the Dec. 14 mass shooting that took the lives of

20 children and six adults, Cerberus released a statement vowing they would sell Freedom Group, the manufacturer of the gun used in the shooting. Cerberus holds a 94 percent stake in Freedom Group.

"Cerberus made a promise to us, a promise that we heard in Sandy Hook," insisted Monte Frank, a Newtown resident and activist.

Frank was aggravated that "nine months later [they] haven't sold a single share," and that in that time, the Freedom Group "sold more guns than it has before."

"In its second quarter its sales were up 51 percent," Frank said. The gun

Never forget

"Did you really think that we would forget about your promise after the Freedom Group's Bushmaster assault weapon was used to murder 20 of our children and six of our educators?" Monte Frank

control debate has in fact been very good for gun sales: According to Bloomberg News, Smith & Wesson and Sturm Ruger recently posted their highest earnings since 2000.

Frank stood beside Neil Heslin, whose son Jesse was murdered at Sandy Hook. Heslin held his son's sixth-grade class photo, taken weeks before the boy was killed.

Cerberus spokesman Peter Duda declined to comment, saying only that their Dec. 18, 2012, statement still stands. In that statement, they vowed "as a firm" to "immediately engage in a formal process to sell our investment in Freedom Group."

DANIELLE TCHOLAKIAN
danielle.tcholokian@metro.us



The shooting happened at this reported business. / GOOGLE IMAGES

Long Island. Gunman shoots two, killing one, before fleeing

Police are on the hunt for a lone gunman who shot two people, killing one, in East Garden City, Nassau County, near Roosevelt Field Mall.

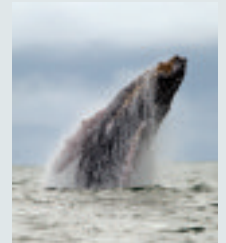
Police told Metro the suspect is Sang Ho Kim, 64. Kim walked into 645 South Street at 10 a.m. when he opened fire;

he was a former vendor who worked with the business.

A law enforcement officer said he is an Asian male and 6-foot-2 inches tall. He drove away from the scene in a 2007 white Honda Pilot.

DANIELLE TCHOLAKIAN
AND ANDREA PARK

Humpback



Humpback whale
GETTY IMAGES

Whales spotted off Rockaway Beach

Humpback whales have been spotted just off the Queens shoreline in recent weeks.

Mike Leonard, his brother and father captured a dramatic video of one of the whales breaching just feet away from them while boating in the Rockaways.

"It was one of the most amazing things I've ever seen in life. It was pretty cool actually," Leonard told CBS News.

Caterina Panzeca, a marine environmental scientist, told CBS the whales are swimming south, from the Gulf of Maine, on their way to the Caribbean. They may stay for a few more days as long as there is food, she said.

LAURA SHIN

In Midtown

Mugger attacks victim with a brick

A 37-year-old man was attacked in Manhattan by a man with a brick in an attempted robbery, police said.

The victim, Andrew Billington of the U.K., was walking near 58th Street and 11th Avenue at about 11 p.m. Saturday when the suspect struck him over the head with a brick, police said. The suspect reached into his pockets but did not take anything.

Billington was listed in stable condition at Bellevue Hospital.

LAURA SHIN

DICK BRENNAN

ALICE GAINER

FIND OUT FIRST NEWS @ 9:00 WEEKNIGHTS

WLNY **10**
55
cbsnewyork.com



WIN A \$20,000 RING



ON **OCTOBER 26**, DASH WITH US
FOR A CHANCE TO WIN A \$20,000
HEARTS ON FIRE® ENGAGEMENT
RING AND MORE!

DIAMONDDASH.COM

HEARTS ON FIRE®
THE WORLD'S MOST PERFECTLY CUT DIAMOND®

MICHAEL C. FINA®
500 Park Avenue | New York | 800.289.3462
www.michaelcfina.com

Cuomo: NY apples best crop in years

Red delicious. After several years of damaging storms, this looks to be a strong year for New York apples.

Gov. Andrew Cuomo is excited about this year's apple harvest in New York state, he said this week.

Cuomo said that apple growers from the more than 654 apple orchards statewide have told him this year's crop will be the best apples the state has seen in several years, after the apple industry here has been battered by near-annual storms.

New York has apparently ranked second in the country for apple production (Washington beat the Big Apple's home state to first, apparently). But last year's harvest was badly hurt by an early spring followed by several apple-bud-killing frosts.

But apple prospects are apparently looking up for the Empire State this year, according to Cuomo.

Find hot spots to buy home-grown New York State apple ciders, hard ciders and apple wines at www.taste.ny.gov, and information on the state's 654 apple orchards at www.nyapplecountry.com.



**DANIELLE
TCHOLAKIAN**
danielle.tcholakian@metro.us



Gov. Andrew Cuomo says that the states is experiencing a bumper crop of apples. / GETTY IMAGES

Apple picking time

"Whether it's a homemade apple pie or an apple cider donut, there is a wide selection of delicious apple products to enjoy, and I encourage New Yorkers to visit a local apple orchard this autumn." Cuomo

Shiny and new

New apple varieties introduced

Governor Andrew Cuomo also announced two new apple varieties this week that were developed by researchers at Cornell University with the New York Apple Growers.

The new apple varieties are called Snap-Dragon and RubyFrost and have reportedly spent about 10 years in development. The apples underwent a yearlong consumer testing process before they were finally released for mass consumption at NYAG stands this fall.

Social media privacy focus of bill

City Council started hearings on Wednesday on a bill that would ban employers from demanding access to the social media accounts of job seekers and employees.

The bill, introduced by City Councilwoman Annabel Palma, would prohibit employers from demanding the username and password of employees' accounts. It could also ban employers from "friending" job seekers before they are hired.

No privacy

1

Wednesday was the first day of hearings on a bill that would ban employers from demanding access to their employers' social media accounts.

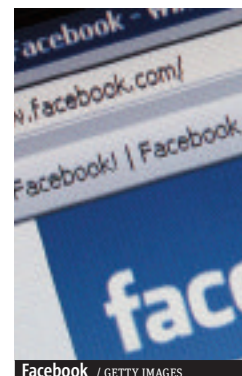
Employers can still look at public information, but they can not require job seekers and employees to share what is on their private profiles.

The New York Daily News spoke with one woman who planned on testifying.

"Why should an employer have access to all this information?" said Sarah DeStefano, 26.

Stefano was denied a job because she refused to "friend" her potential boss on Facebook as part of a background check.

"There's a line that employers shouldn't be able to cross," she told the News. **LAURA SHIN**



Facebook / GETTY IMAGES

Earn up to

40,000

ThankYou® Points

redeemable for up to \$400 in gift cards



Open

Start a new checking relationship.



Manage

Use Citi's digital services.



Receive

Redeem ThankYou Points for up to \$400 in gift cards.

Earn up to 30,000 ThankYou Points after you open an eligible Citibank checking account, enroll in Citi ThankYou® Rewards and complete qualifying direct deposits and bill payments.

Plus 10,000 More ThankYou Points after you download and log onto the Citi Mobile™ app or sign up for paperless statements.

Visit a branch, citibank.com/checkingrewards or call 1-866-583-6706.



ThankYou Points ("Points") will be credited to your ThankYou Member Account within 90 days from the end of the statement period in which you satisfy all offer requirements.

To qualify for 30,000 bonus Points, open a new Regular Checking account in The Citigold® Account Package by 10/31/13; or to qualify for 10,000 bonus Points, open a new Regular Checking account in The Citibank® Account or Basic Banking Package by 10/31/13. Then, for either offer, within 60 days after account opening, enroll the new checking account in Citi ThankYou® Rewards and have 1 qualifying direct deposit credited and 1 qualifying bill payment posted to the new checking account during a calendar month. Such activities must also be done during the following calendar month. Qualifying direct deposits are Automated Clearing House (ACH) credits, which may include payroll, pension or government payments (such as Social Security). Qualifying bill payments are those made using Citibank® Online, Citi Mobile or CitiPhone Banking®. Bills paid by transferring between linked accounts and/or transfer payments made to accounts within Citibank or Citibank affiliates do not qualify.

To qualify for an additional 10,000 bonus Points, you must also enroll the new account in paperless statements or download and use the Citi Mobile App within 60 days after account opening. Citibank Online registration is required before using these digital services. Offer for new checking customers only, 18 years or older. All accounts subject to approval. Offer is not transferable and cannot be combined with any other offer. Limit of one offer per customer and account. **Important Tax Information: Enrollment in Citi ThankYou Rewards and this offer limited to customers who are either citizens or resident aliens of the United States (U.S.) with a valid U.S. taxpayer identification number. The value of the rewards from redeemed Points may be reported to the IRS as miscellaneous income on Form 1099-MISC in the year redeemed, if the value of the rewards plus other taxable miscellaneous income awards received from Citibank, N.A., is in the aggregate \$600 or greater for a calendar year, as required by applicable law. Customer is responsible for any applicable taxes.**

New checking account must be open and in good standing at the time the bonus Points are credited. If you have received a bonus reward for opening a new Citibank consumer checking account within the past two years you will not be eligible to receive a bonus associated with this offer.

Terms, conditions and fees for accounts, products, programs and services apply and are subject to change.

© 2013 Citibank, N.A. Member FDIC. Citi, Citibank, Citi with Arc Design, Citigold, CitiPhone Banking, ThankYou and Citi ThankYou are registered service marks of Citigroup Inc. Citi Mobile is a service mark of Citigroup Inc.

Cat burglar

Jewel thief targeting the Upper East Side

The NYPD is searching for a suspect who has hit at least six Upper East Side apartments since Aug. 31.

The thief enters the apartments through a fire escape and leaves through the front door, taking jewelry and electronic

Thefts

6

The number of apartments that he has robbed on the Upper East Side, stealing jewelry and electronics

equipment, police said.

The burglarized homes are located on the Upper East Side, from 63rd Street to 92nd Street

between First and Third avenues. The most recent burglary occurred Sept. 16 at about 7:20 a.m. near Third Avenue and 74th Street.

Police described the suspect as a gray-haired white man, last seen wearing a dark blue T-shirt, blue jeans, black sneakers and carrying a black backpack.

DANIELLE TCHOLAKIAN

Hotline

Anyone with information in regard to these incidents is asked to call the NYPD's Crime Stoppers hotline at 800-577-TIPS. All calls are strictly confidential.

Our window is stronger than it has to be.

We test it to withstand...



120 mph
whipping winds...



-20° Arctic
temperatures...



and 8" of soaking
rain an hour



- As the **replacement window division of Andersen**, we promise you a window that's been tested to last.*
- You only want to do this job once, so we made our windows' Fibrex® material **twice as strong as vinyl**.

Offer ENDS October 20th

5 YEARS NO INTEREST¹

OR

SAVE 20% ON WINDOWS & INSTALLATION¹

With our Instant Product Rewards Plan. Offer expires: 10/20/13

Renewal by Andersen
WINDOW REPLACEMENT an Andersen Company



Call for your FREE Window Diagnosis
1-800-357-3815

*Restrictions and conditions apply; see your local representative for details. Cannot be combined with prior purchases, other offers, or coupons. No adjustments to previous orders. Offer not available in all areas; discount applied by retailer representative at time of contract execution and applies to minimum purchase of 5 or more windows. Offer does not include bay/bow windows. As part of the Instant Product Rewards Plan, all homeowners must be present and must purchase during the initial visit to qualify. To qualify for discount offer, initial contact for a free Window Diagnosis must be made and documented on or before 10/20/13, with the appointment then occurring no more than 10 days after the initial contact. 0% APR for 60 months available to well-qualified buyers on approved credit only. Not all customers may qualify. Higher rates apply for customer with lower credit ratings. Financing not valid with other offers or prior purchases. No Finance Charges will be assessed if promo balance is paid in full in 60 months. Renewal by Andersen retailers are independently owned and operated retailers, and are neither brokers nor lenders. Any finance terms advertised are estimates only and all financing is provided by third-party lenders unaffiliated with Renewal by Andersen retailers, under terms and conditions arranged directly between the customer and such lender, all subject to credit requirements. Renewal by Andersen retailers do not assist with, counsel or negotiate financing, other than providing customers an introduction to lenders interested in financing. NJ Consumer Affairs License #: 134V01541700. NYC Consumer Affairs License #: 1244514. Nassau Consumer Affairs License #: H081015000. Suffolk Consumer Affairs License #: 43991-H. NYC 1307704. Renewal by Andersen of Central/Northern NJ and Long Island are independently owned and operated affiliates operating in the NJ/NY metropolitan area. *A PG25 pressure differential applied to the windows (48" x 48" size) in the lab on structural test only. Most Renewal by Andersen double-hung, picture and casement windows meet this structural performance. Temperature performance tested in differential chamber. "Renewal by Andersen" and all other marks where denoted are marks of Andersen Corporation. ©2013 Andersen Corporation. All rights reserved. ©2013 Lead Surge LLC. All rights reserved. *See limited warranty for details.



The new court system would provide help to prostitutes. / GETTY IMAGES

NY creates state-wide court to help prostitutes

Helping hand. The system is intended to be a model for the rest of the country.

New York is creating the nation's first statewide system of courtrooms aimed at helping people escape lives of prostitution, which the law treats as a crime but the state's chief judge on Wednesday described as akin to "modern-day slavery."

The effort, modeled on three pilot courts that have been in operation in the New York City boroughs of Manhattan and Queens and in Long Island's Nassau County for several years, will

reach nearly 95 percent of all defendants charged with prostitution-related offenses statewide, New York State Chief Judge Jonathan Lippman said.

It is part of an emerging consensus among criminal justice experts that prostitution is often a matter of coercion rather than choice, he said.

"It is in every sense a form of modern-day slavery," Lippman said at a forum hosted by the Citizens Crime Commission in New York City. "We have come to recognize that the vast majority of children and adults charged with prostitution offenses are commercially exploited or at risk of exploitation."

REUTERS

When it starts

By the end of October, 11 human trafficking intervention courts will be operating throughout the state.

- Some 3,700 individuals were charged in New York State with prostitu-

tion and related crimes last year.

- The courts will link defendants with shelters, healthcare and drug treatment services, job training and education.

Explore Italy Top to Toe



15 Classic Italian Reds in One Exclusive Case Worth \$229.99 — JUST \$69.99

plus \$19.99 shipping & applicable tax

**SAVE
\$160**

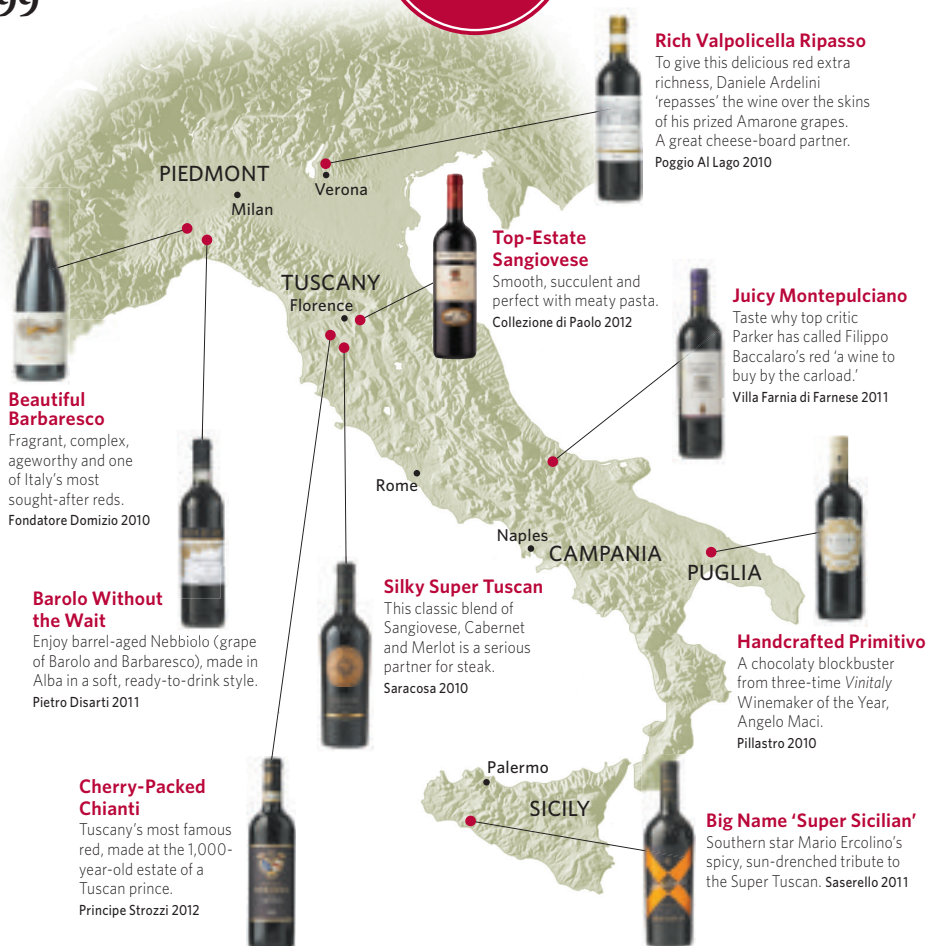
In Italy it's all about who you know. The best winemakers don't come to you. You have to seek them out. So we visit often, traveling from top to toe and tasting thousands of wines. Only our best discoveries make it onto the tables of WSJwine customers.

Take your own Italian taste tour.

This is your invitation to save \$160 on 15 delicious Italian reds. Start in Piedmont with Gaetane Carron's elegant Barbaresco. Next stop Tuscany, where Paolo Masi "has made an excellent impression with the estate wine of his family property" (*The Wine Advocate*). Then head south to Puglia for a chocolaty Primitivo from three-time Winemaker of the Year Angelo Maci. Just three highlights of an exclusive case that will introduce you to the WSJwine Discovery Club — a service that's changing the way people enjoy their wine.

Today Italy, tomorrow the world.

Enjoy today's Italian showcase (take the featured reds, or a whites or mixed selection). Then, let us reserve for you an equally special dozen every three months — classics from California to Bordeaux, plus new and exciting finds we think you really need to taste. There's no obligation. We'll tell you about each case in advance and you can change wines, skip cases, delay delivery or cancel any time. Each case is just \$149.99 (you save at least 20%) and arrives with useful tasting notes and our 100% money-back guarantee. We're almost tempted to call this an offer you can't refuse.



WSJwine
from
THE WALL STREET JOURNAL.

Order now at wsjwine.com/metro
or call 1-877-975-9463 and quote code 4930017

Lines open Mon-Fri 8am-11pm, weekends 8am-8pm ET. WSJwine is operated independently of The Wall Street Journal's news department. Offer available to first-time WSJwine Discovery Club customers only and limited to one case per household. Offer subject to availability. In the unlikely event of a wine becoming unavailable, a substitute of similar style and of equal or greater value will be supplied. Every three months, we will reserve you a 12-bottle Discovery Club selection for \$149.99 (plus \$19.99 shipping and applicable tax). There is no commitment and you may cancel at any time. Once eligible, each year you will be offered two extra-special holiday shipments, one in summer, one in winter. You will be notified in advance of these extra cases and their special-offer price. Licensed retailers only accept orders from adults at least 21 years old. All orders will be processed and fulfilled by licensed entities and applicable taxes are paid. Licensed retailers have the right to refuse orders should this advertisement not comply with your state laws. Delivery is available to AZ, CA, CO, CT, FL, IA, ID, IL, IN, LA, MA, MI, MN, MO, NC, ND, NE, NH, NJ, NM, NV, NY, OH, OR, SC, TN, TX, VA, WA, WI, WV, WY and DC. Void where prohibited by law.

Today's winner

To enter your submission for the Metro Photo Challenge to win a trip to Ghana, go to www.metrophotochallenge.com.



'Boston Common'

Nikayla Scott, Boston, Category: Sight

49 cents

US Postal Service to raise prices

The cash-strapped U.S. Postal Service plans to raise the cost of mailing a letter in the United States by three pennies to 49 cents in January,

the agency announced yesterday.

The plan to increase the price of stamps and postal services is expected to raise \$2 billion annually and is subject to approval from the Postal Regulatory Commission, it said. **REUTERS**

The average monthly cost of Obamacare across US: \$328

Resistance. Obama said the fierce opposition stems from the fear that Americans will embrace the program.

Americans will pay an average premium of \$328 monthly for a mid-tier health insurance plan when the Obamacare health exchanges open for enrollment next week — and most will qualify for government subsidies to lower that price, federal government said yesterday.

The figure, based on data for approved insurance plans in 48 states, is the broadest national estimate for the cost of coverage when President Barack Obama's health-care reform law takes full effect next year. The prices of the new plans



Debate over whether Obamacare will prove affordable healthcare for millions of uninsured Americans has intensified in the past few months, as states have announced rates. / GETTY IMAGES

are at the heart of a political debate over whether they will be affordable enough to attract millions of uninsured Americans when enrollment begins on Oct. 1.

"Essentially they're saying people will like

this thing too much, and then it will be really hard to roll back," Obama said on Tuesday in a conversation about healthcare with former President Bill Clinton. "What we're saying is, just look for yourself. Take a look at it, and

Sign up

7M

The administration is counting on signing up 7 million Americans, including 2.7 million younger and healthier consumers who are needed to offset the costs of sicker members, in the first full year of reform through the state exchanges.

you will discover that this is a good deal for you."

A major factor in determining the price was the level of competition among insurance companies, with rates significantly higher in states with fewer players, the Department of Health and Human Services said in its report.

"For millions of Americans, these new options will finally make health insurance work within their budgets," HHS Secretary Kathleen Sebelius said during a briefing with reporters. **REUTERS**

DERMATOLOGY

Medical, Cosmetic & Surgical Dermatology

All Skin Disorders • All Nail Disorders • All Hair Disorders • All Skin Growths



- Acne
- Cysts
- Warts
- Vitiligo
- Herpes
- Rashes
- Eczema
- Psoriasis
- Hair Loss
- Seborrhea
- Aging Skin
- Birthmarks
- VD & STDs

- Skin Cancer
- Skin Growths
- Genital Warts
- Skin Allergies
- Nail Disorders
- Mole Removal
- Chemical Peels
- Leg Vein Removal
- Broken Blood Vessels
- Red Spots
- Torn & Split Earlobe Repair
- Custom Skin Care

- Scar Correction
- Scalp Conditions
- Fungal Conditions
- Wrinkle Treatment
- Tumors & Growths
- White & Dark Spots
- Complexion Problems
- Laser Treatments
- Restylane
- Hair Removal
- Botox/Collagen
- Skin Rejuvenation
- Cosmetic Skin Surgery
- Laser Peels

All Insurance Plans, Unions, HMOs, PPOs Medicare & Medicaid Accepted
Day, Evening & Weekend Appointments Available

Board Certified / University Affiliated



1455 West Avenue, Bronx, NY 10462 • Tel: 718-239-1500

Right next to the Post Office and Macys

Bronx: Co-op City
2100 Bartow Ave., Suite 211,
Bay Plaza Shopping Center
718.671.1000

Midtown Manhattan
200 Central Park South, Ste 107
Corner of 7th Ave & 59 St.
212.262.2500

Bronx: Third Ave
291 E. 149th Street,
Bet. Cortland & Morris
718.742.1000

www.adv-derm.com

1.800.545.SKIN (7546)



COME WHERE HOLLYWOOD GOES; THE IVY LEAGUE OF DENTISTS

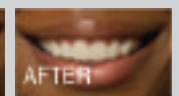
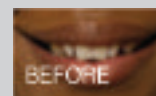
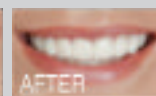
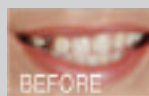
Get your **SNAP-ON** smile from the inventor

SNAP-ON SMILE IS EXCELLENT FOR:

- Missing teeth
- Gaps, crooked or strained teeth
- Those who are not candidates for bridges or implants
- Anyone who would like a Hollywood smile without the expense and discomfort of complex and invasive dental procedures
- Anyone who has an old-fashioned removable partial denture and wants a beautiful, more comfortable alternative

Also EXPERTS in...

- Cosmetic Dentistry
- General Dentistry
- Endodontics
- Dental Implants
- Periodontics
- Invisalign



FREE CONSULTATION and Preview of your Hollywood Smile (valued at \$250)

- Flex Spending Accepted
- Most Insurances Accepted

In the heart of Lincoln Center
1995 Broadway, Suite 200

888-572-3418

www.manhattandentalarts.com

Why Rent?

Choose from Classic's Complete Line of Brand New Homes in the Poconos!

All our new homes include up to 4 bedrooms, 2½ baths, garage, living room, dining room, complete appliance package, Central Air and Heat, landscaping, and a host of features. including permitting, driveway and well -- all included in the purchase price!

THE ALL NEW MILLBURN



Now \$194,500

2,393 SQ. FT. • COVERED FRONT PORCH
\$6,808 DOWN PAYMENT
 \$1,589* per month pays all including principal,
 interest, taxes and insurance!

THE ALL NEW COUNTRY HOME



Now \$199,900

2,681 SQ. FT. • LARGE OPEN FOYER
\$7,000 DOWN PAYMENT
 \$1,620* per month pays all including principal,
 interest, taxes and insurance!

THE ALL NEW HOMESTEAD



now \$273,900

3,392 SQ. FT. • 4 BR PLUS SPACIOUS LOFT
\$9,586 DOWN PAYMENT
 \$2100 per month pays all including principal,
 interest, taxes and insurance!

THE ALL NEW HERITAGE



now \$283,500

3,422 SQ. FT. • CLASSIC STONE TOWER
\$12,500 DOWN PAYMENT
 \$2,171* per month pays all including principal,
 interest, taxes and insurance!

Buy a new home now -- Get up to \$5,000 toward Closing Costs!

LOW PROPERTY TAXES! EXPRESS COMMUTER BUSES (4 per hour) 90 mins to NYC!

Call toll free

**1-800-
276-4000**

Visit our all-new website:

www.classicqualityhomes.com



* Monthly payments based on FHA 30 yr. fixed interest rate of 4.3% with 4.8% APR with a finance cap of \$271,000. Lower rates may apply to qualified buyers. All numbers are estimated. Conventional mtgs. also available.

Twitter introduces alert system for emergencies

Notifications.

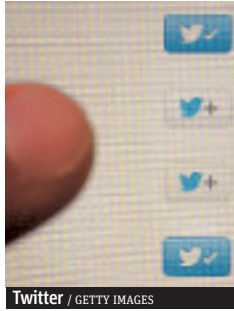
FEMA and Tokyo's Disaster Prevention service are among those participating.

Twitter, which is preparing for its initial public offering, said yesterday it will help users receive special

alerts from government agencies and aid agencies during emergencies.

Users who sign up will receive smartphone notifications via the Twitter app as well as SMS text messages — assuming they agree to hand over their cell phone numbers — from any of several dozen agencies who have signed on to the program.

The alerts program



Twitter / GETTY IMAGES

starts a year after Twitter showcased its potential as a lifeline during Hurricane Sandy, when stranded residents on the eastern U.S. seaboard reported the storm's progress and sought help on the mobile network.

A similar lifeline service played a part in the rescue efforts in Japan following the devastating 2011 tsunami, Twitter said. The pro-

gram is initially available in the United States, Japan and Korea and will be expanded to other countries.

Craig Fugate, the FEMA administrator, said the service was at the cutting edge of disaster management in the age of smartphones.

The program reflects the evolution of Twitter from its earliest days, when it gained a reputation as a hangout for geeks. **REUTERS**

Quoted

"Today we have a two-way street — residents are informed about hazards in real time, and emergency managers receive immediate feedback on the consequences of a disaster." Fugate

GUARD YOUR CARD

We can stop Medicare/Medicaid Fraud and Abuse!

Never give your Medicare/Medicaid numbers to strangers, or show them your card!



Why should YOU care about Medicare and Medicaid fraud?

Medicare and Medicaid lose billions of dollars to fraud every year. Healthcare fraud undermines confidence in the healthcare system and compromises quality of care - possibly your own or that of your family.

Medicare and Medicaid fraud is a crime. By identifying and reporting it, you'll play a key role in improving our country's health care system, and guaranteeing its solvency.

REMEMBER

Ten cents out of every dollar spent on Medicare and Medicaid is lost to fraud and abuse. If you suspect fraudulent practices, call the SMP Medicare Fraud Hot Line:

1-877-678-4697



Don't let Medicare and Medicaid fraud drive up the cost of healthcare! Report it!

5.7-inch screen

Samsung dazzles phablet followers with more girth, size

Samsung Electronics is seeking to dazzle followers of the phablet with bigger screens, and even possibly with a curved one, in its attempt to fence off a segment of smartphones once mocked for their girth and size.

Phablets, a cross between a phone and a tablet, have been on a roll since late 2011 as tech-savvy consumers, particularly in Asia, devote more time browsing data-heavy Web pages and downloading media content. Even Samsung's flagship Galaxy S4 smartphone, released in April this year, has a 5-inch screen that puts it squarely in the phablet category for some analysts.

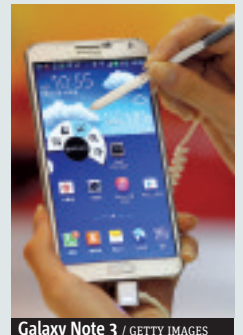
Yesterday, Samsung kicked off global sales of its latest Galaxy Note 3 smartphone in Seoul. The phablet, which boasts a 5.7-inch screen and costs

\$990 in South Korea without a carrier contract, will be available in 140 nations by October.

Analysts say the medium-term outlook for phablets is good, but price points and the lure of their smaller, more portable cousins will keep a lid on consumer enthusiasm.

Canalys expects smartphones with 5.1-6 inch screens to make up 6 percent of the market in 2013. The Singapore-based research firm is estimating overall global shipments of 993 million smartphones this year.

REUTERS



Galaxy Note 3 / GETTY IMAGES

Kindle Fire HDX

Amazon unveils new tablets with live video helpdesk

Amazon.com Inc. unveiled two new high-definition tablets on Tuesday with a unique on-screen helpdesk feature it hopes will give it an advantage over devices from rivals Apple Inc. and Google Inc.

The new Kindle Fire HDX tablets feature what Amazon has called the Mayday Button, which

instantly brings up a video chat with a tech-support representative who can tell a user how to operate the device or even do it for them remotely.

Amazon said the service is free for HDX customers, is available at all times, and is aiming for a 15-second maximum response time. Users can move the video box around the screen as it suits them and they cannot be seen by the Amazon representative.

REUTERS

Congress turns attention to battle over debt limit

Funding bill. The GOP was expected to join Democrats in moving legislation toward passage.

The U.S. Congress, already struggling to avert a government shutdown next week, turned its attention yesterday to the other fiscal bullet it had to dodge: a federal debt default.

Republican leaders in the House of Representatives notified members that a vote on raising the debt limit could come as early as tomorrow.

Treasury Secretary Jack Lew pleaded for quick action in the deeply divided Congress on raising the \$16.7 trillion statutory limit on government borrowing, as he

projected an Oct. 17 drop-dead date when only \$30 billion would be left in his agency's checking account.

Amid those dire warnings, lawmakers struggled with another potential crisis: federal agency shutdowns that could begin with the new fiscal year on Oct. 1 unless Congress comes up with emergency funds.

The money would be used to continue paying U.S. troops, operate border patrols, run museums, provide free school lunches for poor children, and thousands of other activities.

The Senate voted unanimously to begin advancing legislation to avert government agency shutdowns. But tough fights in both the Senate and House remain over the next few days.

REUTERS



Republican and Democratic legislators bickered over the Affordable Health Care Act, as they have done for nearly five years now. / GETTY IMAGES

Complicated

Both the debt ceiling and government funding measures were complicated by Republican attempts to use the must-do bills to gut President Obama's signature health care law, known as Obamacare.

Pact. Kerry signs Arms Trade Treaty, says it won't harm US rights

The United States signed a U.N. Arms Trade Treaty regulating the \$70 billion global trade in conventional arms yesterday, and the Obama administration sought to allay the fears of the powerful U.S. gun lobby, which says the pact will violate the constitutional rights of Americans.

The treaty, which relates only to cross-border trade and aims to keep weapons out of the hands

of human rights abusers and criminals, still requires ratification by the U.S. Senate and has been attacked by the National Rifle Association.

Among the NRA arguments against the treaty are that it undermines American sovereignty and that it disregards the Second Amendment of the U.S. Constitution, which guarantees citizens the right to bear arms. REUTERS

Mortgages

'Massive fraud' at center of trial against B of A

Bank of America Corp.'s Countrywide unit placed profits over quality in a "massive fraud," selling shoddy mortgages to Fannie

Mae and Freddie Mac, a U.S. government lawyer said on Tuesday.

The claim came at the start of the first case by the government to go to trial against a major bank over defective mortgage practices leading up to the 2008 financial crisis. REUTERS

CP08-1



Low Back Pain?

LOW BACK PAIN?

Do you experience:

- ☐ Back pain when you bend down?
- ☐ Back pain upon standing, sitting, or walking too long?
- ☐ Back muscle strain?

If you have been suffering from lower back pain for over 6 months and are 18-75 years of age, you may be eligible to participate in our study of an investigational medication for Lower Back Pain. Qualified participants will receive study-related medical evaluations with our Board Certified Physician, investigational medication, and study visits, at no cost. Please call for more information.

(212) 595-5012

The Medical Research Network, L.L.C.
134 E. 93rd St., New York, NY 10128 • www.MedicalResearchNetwork.com

WEEKEND CLASSES

Last Chance to Enroll
for September!

Medical Assisting, Business Management,
Paralegal Studies, Massage Therapy

CALL TODAY

(866) 237-7037 mildred-elley.edu

GI Bill Approved
Accredited Member, ACICS



25 Broadway, Floor 16
New York, NY

For program details and disclosures visit mildred-elley.edu/disclosures

MASSAGE THERAPY

Day, Evening & Weekend
Classes Available

• Located in Manhattan's
Financial District

CALL TODAY
(888) 500-0953
mildred-elley.edu

GI Bill Approved
Accredited Member, ACICS



25 Broadway, Floor 16
New York, NY

For Albany extension program details and disclosures visit mildred-elley.edu/disclosures

Say Goodbye to
Painful Varicose Veins!

Do you have any of
these symptoms?

- Varicose Veins • Spider Veins
- Itching and Burning
- Leg Pain and Cramps
- Heaviness and Swelling
- Skin Discoloration
- Ulcers and Blood Clots

You may have a serious medical condition,
called Venous insufficiency.

USA Vein Clinics Will Help!

With a non-surgical, minimally invasive and painless
procedure, that takes only 15 minutes! Covered by
Medicare and most insurance plans up to 100%!

The Best Vein Center
(by Home Reporter)



Call **718.732.0231**

www.USAVeinClinics.com

2511 Ocean Avenue,
Suite 102,
Brooklyn, NY 11229

116-02 Queens Boulevard,
Forest Hills,
NY 11375

1153 First Avenue,
Manhattan,
NY 10065



NEW Online Courses: transcription and coding careers. Call to learn more! (888) 414-6154



Mayors take up fight to

Battlefront. The mayors of Boston, Philadelphia and New York City are leading a coalition that is trying to influence the gun control discussion across America.

On April 25, 2006, New York City's Michael Bloomberg and Boston's Thomas Menino were joined by 15 other mayors for a summit at Gracie Mansion in New York City, where they would form Mayors Against Illegal Guns.

The group is a proposed political counterweight to the money and influence of the National Rifle Association, though its founders'

motivation went beyond just that.

The year before, Boston recorded a 10-year high in its homicide rate, with a large part of the city's violence stemming from illegal handguns. There was a cost, the mayors reasoned, to continued inaction.

"We were seeing firsthand the impact of illegal guns in our neighborhoods," said James Sullivan, a federal relations officer for Menino. "A lot of it is caused by handguns coming in from out of state. Roughly 60 percent of the crime guns recovered in Boston come from out of state. In New York, it's closer to 85 percent. It's a national problem."

Actually, according to new statistics from the Bureau of Alcohol, Tobacco, Firearms and Explosives, that number has grown to 90 percent of traceable

guns used in crimes in New York City in 2011, up from 85 percent in 2009. The main source of these illegal arms was Virginia with 322 guns, followed by 225 from North Carolina.

"That means, in addition to our tough enforcement efforts inside the five boroughs, we have to pay attention to gun laws outside of the city," Bloomberg said when the numbers were released.

This pattern of supply is repeated across the region in cities like Boston and Philadelphia.

Currently, if you buy a gun from a federal firearm licensed dealer (FFL), you need to show ID, pass a background check and have the sale recorded. It's up to local

Quoted

"That means, in addition to our tough enforcement efforts inside the five boroughs, we have to pay attention to gun laws outside the city."

Bloomberg

state laws to regulate private sales, a system that currently sees 33 states requiring zero background checks, bills of sale or even ID verification.

This problem is compounded by online sites like Armslist.com and BudsGunShop.com, which offer eBay-like gun auctions around the clock, becoming, in effect, 24/7

gun shows for unlicensed dealers.

With a Pennsylvania congressional bill requiring universal background checks stalled for months, Philadelphia Mayor Michael Nutter — a member of the mayors coalition — has said one of the most effective things the city can do to keep guns out

Study

A single website can help people with criminal records buy more than 25,000 illegal guns this year alone, according to a report commissioned by Mayor Michael Bloomberg.

Mayors Against Illegal Guns, co-founded by Bloomberg, made the estimate after a study of Armslist.com, which he called "the Craigslist for national gun sales."

Guns in our cities

Following the trail of our bloody streets

Boston, Philadelphia, New York City: Three different cities with a common problem. Gun violence has destroyed the lives of countless individuals on our

streets and wrought devastation across our neighborhoods, searing itself into their fabric.

Today, Metro continues our weeklong look at the impact gun violence has had on those cities in the aftermath of the massacre at the Washington, D.C., Navy Yard. **THE EDITORS**

MAYORS AGAINST ILLEGAL

GUNS IS TRYING TO CURB GUN VIOLENCE IN SOME OF AMERICA'S BIGGEST CITIES.

BILLY BECERRA, ILLUSTRATION, METRO

Quoted

"It's like setting up two different lines at the airport — one where you have to go through security and one where you don't. Which do you think the criminals are going to choose?"

Nutter

SPECIAL INVISALIGN SALE



0%
financing as
low as
\$99/month

\$2500

invisalign express!
exp. 9/30/13

FEEL CONFIDENT IN YOUR SMILE.

ASK IF INVISALIGN IS RIGHT FOR YOU ~ THE CLEAR ALTERNATIVE TO BRACES

Invisalign Center Of NY

at Manhattan Dental Spa

200 Madison Ave, Suite 2201 • 212-683-2530 | manhattandentalspa.com

Elite PROVIDER for the last 9 years



purge cities of weapons



of criminals' hands is universal background checks. "It's like setting up two different lines at the airport — one where you have to go through security and one where you don't. Which one do you think the criminals are going to choose?" he said.

The checks must be "comprehensive and enforceable," Nutter said. "Background checks are the only systematic way to stop felons, domestic abusers and people with severe mental illnesses from buying firearms."

The point remains, however, that no state exists in a vacuum. The lax laws in one state, along with the stymied ability of the federal government to properly track and control

By the numbers

33

It's up to local and state laws to regulate private sales, a system that currently sees 33 states requiring zero background checks, bills of sale or even ID verification for such sales.

the movement of firearms, allows for the export of untraceable tools of crime around the nation.

"We have some challenges in regards to firearms trafficking," remarked Steve Bartholomew, ATF's public affairs officer in Pennsylvania, "like secondary markets online and private sales, when it comes to a gun that ends up in

a crime. There may be a paper trail to the original purchaser, but if it's transferred hands four or five times without any documentation, it can hinder the process.

Putting a stop to this flow of unchecked underground trafficking can be done, as some agencies have proposed. In 2009, the Journal of Urban Health published a study that found in cities where a background check is required for a private handgun sale, there was a 48 percent decline in intrastate illegal gun trafficking and a 64 percent decline in gun exports across state lines, as measured by guns recovered at crime scenes.

"The most important thing we need to do is fix

our current system for background checks," said Daniel Webster, study author and director of the Johns Hopkins Center for Gun Policy and Research, at a gun policy summit.

The debate over guns and gun culture in this country has been described as intractable. It's an issue deeply personal to the mayors of all three cities.

"It's my boss," said Sullivan, speaking of Boston's Menino, "who gets the call at night when a 13-year-old is shot or worse. We're talking about a system that needs major improvement."

KIT DILLON
letters@metro.us

National tragedy

Washington's failure to strengthen background checks

In the wake of the Sept. 16 gun massacre at the Washington, D.C., Navy Yard, President Barack Obama and some members of Congress are again rattling the war drums about the necessity of stricter gun control laws. Based on how the federal legislative push went after the shootings at Sandy Hook Elementary, it's unlikely meaningful legislation will pass the gridlocked Congress.

Sens. Pat Toomey, R-Pa., and Joe Manchin, D-W. Va., led the effort for gun legislation reform after the massacre at Newtown, Conn., by introducing a bill that would require background checks on private sales of guns.

On April 17, that bill, with its modest proposals, died on the U.S. Senate floor, after it garnered 54 votes in favor of the bill, six less than the 60-vote threshold to avoid a filibuster.

KIT DILLON

warns of illegal gun sales online

"In the digital age, convicted felons, domestic abusers and other dangerous people who are legally barred from buying guns can do so online with little more than a phone number or email address," Bloomberg said.

Bloomberg's group found that one in 30 of would-be gun buyers posting on Armslist.com committed crimes that

should have prohibited them from possessing firearms.

"This investigation has just scratched the surface of the Internet's vast illegal gun market — and if nothing is done, that market will continue to grow," Bloomberg said.

The mayor's chief policy advisor, John Feinblatt, who directed the report, said that it is all too



Bloomberg / GETTY IMAGES

easy for criminals to use the Web to buy guns.

In Wisconsin last year, a man gunned down his wife and two of her co-workers before shooting himself, days after a judge issued an order barring him from purchasing firearms.

The man found someone selling a .40-caliber semi-automatic Glock on Armslist, the report states.

Tragedies like that are possible because federal law doesn't require private sellers — online or otherwise — to conduct background checks, Bloomberg said.

A request for comment from Armslist.com was not returned. The website asks users to follow federal and state gun laws and report illegal activity.

ANNA SANDERS



Fall in Love

From September 22nd to 29th, potential adopters can take advantage of our FALL SPECIAL!

Come to the ASPCA Adoption Center at
424 East 92nd Street (between 1st & York Aves.)
Hours: Mon-Sat: 11:00 am – 7:00 pm • Sun: 11:00 am – 6:00 pm

All cats and dogs 8 months and older FREE Monday through Sunday.*
Get a FREE GIFT with each adoption while supplies last.

*Additional fees may apply. Animals are spayed or neutered with current vaccinations, microchip and follow-up vet exam.

For more information, visit aspc.org/fallinlove




© 2013 ASPCA®. All Rights Reserved.



Rivera rides off into sunset with unequalled career

Mariano Rivera.

One of just two dozen players to catch Rivera talks about what opponents saw.

When Mariano Rivera calls it quits in just four days, he will have won five World Series titles, been named to 13 All-Star Games and finished in the Top 5 in Cy Young voting five times.

But only 24 different players have caught Rivera during the regular season. His current manager, Joe Girardi, caught more pitches from him than anyone besides

Top of the mountain

952

Rivera is first in MLB history in three statistics. First among those is games finished, where he has 952 games.

652

Rivera has extended his major-league record for career saves to 652. He broke Trevor Hoffman's record of 601.

205

Rivera is also first all time in adjusted ERA+ at 205. The statistic measures a pitcher's ERA with an adjustment based on the ballpark.

Jorge Posada.

It also means Girardi has the distinction of being one of the few to gauge what opposing hitters are thinking when they step into the box against the future Hall of Famer.

"I don't think [they] necessarily already [thought they were] out, but you knew that they were in for a very difficult at-bat," Girardi said. "When players [would talk to me], they said the cutter ... it's late and it's hard to pick it up and you think you're on it. You're not on it. The bat shatters in half."



MARK OSBORNE
mark.osborne@metro.us

Rivera has spent 19 years with the Yankees, here, left to right, in 1997, 2005 and 2013. / GETTY IMAGES

39... no, really.

39th anniversary SALE.
Join before rates increase Oct. 1.



new york sports clubs®

MySportsClubs.com

**RATE-LOCK
GUARANTEE**

Your monthly dues will never increase.

Integrative Therapies as Part of Cancer Care and Survivorship

Free Lecture

Presented by NYU Cancer Institute, an NCI-designated Cancer Center

In this program for patients, survivors, families and community members, you'll learn how to incorporate and understand the medical benefits of integrative therapies and explore emerging research in the field.

Saturday, October 5th

9:00 AM – 1:00 PM

NYU Langone Medical Center

550 First Avenue (@31st Street)

Farkas Auditorium

Please visit www.nyuci.org/rsvp or
call 212.263.2266.

Provide your name, phone number, the name of the lecture and
number of people attending.

In collaboration with NYU Langone Medical Center's
Musculoskeletal Rehabilitation Network and the Leukemia & Lymphoma Society.



www.nyuci.org • NYUCIcommunityprograms@nyumc.org

From retiring batters to retiring hero.

Thank you, Mo.

5 time World Series champion.
13 All-Star selections.
More saves than any pitcher
in Major League Baseball history.

Last active player to wear 42.

One pitch that dominated a generation.



Allan H. Selig

Allan H. "Bud" Selig
Commissioner of Baseball

MLB.com

Final Countdown: Top Rivera

Mariano Rivera.

Metro counts down the Top 10 moments of the greatest closer of all time.

Mariano Rivera has appeared in 1,210 games — regular and postseason — in his 19 years in the majors.

Outside of the first 10, they all started the same — with a casual jaunt in from the bullpen. And the vast majority ended the same way, too, with a few steps off the mound to shake hands with a catcher undoubtedly more excited than himself.

So, with apologies to the other 1,200 appearances, Metro counts down the Top 10 moments in the great's career.



MARK OSBORNE
mark.osborne@metro.us

No. 10

July 16, 2013

We start the list with a game that took a backseat to a moment.

Rivera's retirement took its place on the national stage at the 2013 All-Star Game at Citi Field, across the river from where he secured his legacy. That didn't matter to the crowd, which gave him a standing ovation when he entered to pitch a perfect eighth inning and win the MVP.



No. 9

May 17, 1996

OK, so this is mostly just a token spot on any list, but it was on this day that Rivera earned his first career save. Who got the win? None other than his fellow 2013 retiree Andy Pettitte.

No. 8

Oct. 21, 1998

Rivera closed out his greatest postseason with a save in Game 4 of the 1998 World Series against San Diego. He had allowed just eight baserunners and no runs in 13 1/3 innings.

No. 7

Oct. 27, 1999

Rivera may be the greatest pitcher in postseason history, but he's only won the World Series MVP once.

He did that in 1999, when he pitched 12 1/3 shutout innings, earned five saves and was 2-0 in the postseason. Of course, the Yankees were so dominant that season, they cruised to the title and swept the Braves. Even with an MVP, it wasn't his greatest postseason ever.



No. 6

Sept. 19, 2011

Rivera set the all-time career saves record with his 602nd save — breaking the record set by former Padres reliever Trevor Hoffman.



No. 5

Oct. 4, 1995

In a time when John Wetteland was closer, Rivera went 3 1/3 innings in relief, earning his first postseason win in the 15th inning of ALDS Game 2 against the Mariners.

No. 4

Nov. 4, 2009

Rivera turned in his typical sterling performance in Game 6 of the 2009 World Series, closing out his final World Series title with 1 2/3 innings of shutout ball against the Phillies.

No. 3

Oct. 13, 2001

Of course you remember Derek Jeter's flip to get Jeremy Giambi out at home in Game 3 of the 2001 ALDS, but what

about an inning later?

Well, Rivera came in and pitched two shutout innings to preserve a 1-0 win for Mike Mussina and stave off elimination. He'd also close Game 5.



ortho snap™

Smile You See, The Braces You Don't

STARTING AT \$1,500

FINANCING AVAILABLE

By Dr. Irina Feldbein



BEFORE

AFTER

- Convenient
- Comfortable
- Hardly Noticable
- Affordable
- Clear Results in Record Time

Free Consultation

NEW Teeth Straightening Without Braces

897 Park Avenue, New York, NY / 212 535 1201
133 West End Avenue, Brooklyn, NY / 718 743 2222
www.GorgeousSmileNY.com • Quality Guaranteed



*You train hard,
we teach you how to train smart.*

Center for Musculoskeletal Care Marathon Lecture Series

Join our three-part lecture series to learn how to improve your marathon training. Our sports medicine and fitness experts offer useful information to prevent injury, optimize performance, and prepare your body and mind for race day.

Your Guide to a Smart Start and a Safe Finish

Monday, August 19 • 6 PM

Colleen Brough, PT, MS, OCS & Alison Peters, MS

Nutritional and Mental Preparation for the Marathon

Monday, September 23 • 6 PM

Andrea Chermus, MS, RD, CDE, CSSD; Bonnie Marks, PsyD, & Alison Peters, MS

Managing Injuries as Race Day Approaches

Wednesday, October 2 • 6 PM

Dennis Cardone, DO & Melissa Hirsch, PT, DPT, Cert. MDT

To register and learn more, visit www.NYULMC.org/CMC-Lectures



memories

No. 2

Oct. 27, 1999

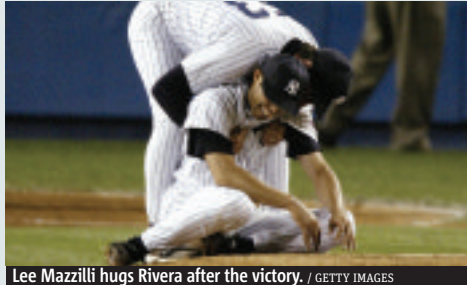
No, Rivera will not get one last chance to close out his career with a World Series ring.

But he still left one lasting memory this past weekend when the Yankees mustered up all the pomp and circumstance befitting a future first-ballot Hall of Famer.

Metallica played "Enter Sandman" as Rivera walked in from the bullpen to give a speech honoring his teammates, fans, family and just about everyone but himself.

The Yankees immediately placed his famous No. 42 in Monument Park, with the assistance of the wife of the most famous of players to wear that special number — Jackie Robinson's widow, Rachel.

No. 1



Lee Mazzilli hugs Rivera after the victory. / GETTY IMAGES

Oct. 13, 2003

It may be unpopular to choose an appearance which did not end in a save for the No. 1 overall spot.

But that only means you didn't stay up late to watch Game 7 of the 2003 ALCS against the Red Sox.

It's a shame in some sense that the lasting image of what was a 6-5 11th inning victory is Aaron Boone flipping his

bat and pumping his fist as he ran down the first base line with the walk-off home run.

The lasting memory for us will always be Rivera on his hands and knees clawing at the mound in total ecstasy after the win.

He pitched three scoreless innings (48 pitches) after the Yankees rallied to tie it in the eighth. He shut down a Red Sox offense that crushed Roger Clemens.

STOP SUFFERING WITHOUT SURGERY

SEDATION AVAILABLE, TOTALLY PAINLESS PROCEDURES

Board Certified Pain Management Physicians at HudsonSpine.com can help. X-Ray and Ultrasound guided same day non-surgical procedures to relieve pain.

- Neck Pain?
- Back Pain?
- Sciatica?
- Herniated Discs?
- Knee Arthritis?
- Tired of medications?
- Physical Therapy & Chiropractors not helping?
- Afraid of Surgery?



Stop Suffering Today!

Please call **646-596-7386**

Same Day Appointments Available | Most Insurances Accepted

Email: Info@HudsonSpine.com

281 Broadway 2nd Floor, NY, NY 10007 near Chambers St and City Hall **1 2 3 A C E N R**

Football at Bar 360:

A WINNING PAIR!



Sunday Nights

Join WFAN's Marc Malusis and two-time Super Bowl Champion Sean Landeta every Sunday night at Bar 360 for a live webcast. Pre-game show starts at 7:30pm. At halftime, one fan joins Marc and Sean on air to analyze first-half action. Come and be a part of the newest Sunday Night Football party!



Bill Daughtry 9/9 & 9/23



Robin Lundberg 9/1



David Rothenberg 10/7



Monday Nights

We've taken Monday night football to a whole new level! This season, Bar 360 features a winning line up of ESPN NY 98.7 FM personalities as they take turns hosting the best Monday night football party in NYC. Come down and meet the radio hosts, ask questions and win prizes!



Minutes Away!

110-00 Rockaway Blvd. Jamaica, NY 11420
rwnewyork.com • 1-888-888-8801

In Queens, near JFK Airport. Take **A** or **Q37**.

Free shuttle at Jamaica/Sutphin Blvd **E J Z LIRR**

Must be 18 years of age or older to play New York Lottery Games. Please play responsibly.

2

CULTURE



Twitter feed

We check in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Jim Carrey is totally jazzed, Justin Bieber wants you to know you haven't been talking to his grandparents, Louis Tomlinson is groggy and Rihanna is ... relaxing.

@JimCarrey: It's gonna be an amazing day! You know why? CUZ I DOUBLE FRICKIN' STAMPED IT!

@justinbieber: Any account on twitter isn't actually my Grandparents! They don't have twitter and say they never will

@Louis_Tomlinson: Still not managed to get into the time zone ;(feel like a zombie.

@rihanna: 420



GETTY IMAGES

The ghosts of the '80s are calling

No paparazzi were harmed in the taking of this photo. Famed exes Sean Penn and Madonna posed together at the Madonna and Steven Klein secretprojectrevolution party held at the Gagosian Gallery on Tuesday in New York. The party helped launch Art For Freedom, a global initiative to further freedom of expression. "Freedom of speech. Freedom of choice. Freedom of experience. We live in a world where basic rights are under attack. Madonna and Steven Klein's new film is a hard lens on the dystopian now; a call to join the Revolution of love," read the press notes. You can check out the 17-minute film now on Madonna's YouTube channel.

Is Efron going to be the next Montieth?

An anonymous source recounts in the latest National Enquirer (which, I hate to say it, is usually trustworthy) that they watched the 25-year-old star pass out after a night of abusing prescription painkiller oxycodone as well as alcohol, marijuana and Adderall at New York's Thompson Hotel on Jan. 3. "I was scared for him," the source says. "He was like a junkie. He wanted the drugs so bad. He went through a lot of pills even though it was clear he was entering a danger zone. My worst fear was that he had died from an overdose."

The Enquirer also has "stunning photo proof" from the source. I checked them out and braced for the worst but it just looks like Efron is adorably sleeping, not nearly dying. Still, check yourself before you wreck yourself, Efron. We don't want those abs of yours to flex their way off this mortal coil before they have to.

THE WORD

Dorothy Robinson takes on the world of gossip.

DOROTHY ROBINSON

@dorothyatmetro
dorothy.robinson@metro.us

Talking point

Cyrus is mentoring Justin Bieber

Miley Cyrus has been working with Justin Bieber, helping him transition out of the teen pop star world into adulthood, but she's not mentoring him. Except she is. "I'm not much older than him, so I never want it to feel like I'm mentoring him, but I do mentor him in a way," she tells Rolling Stone. "Because I've been doing this s— for

a long time — and I already transitioned — and I don't think he's quite done yet." She's been giving him some tough love. "People don't take him seriously," she says. "I just don't want to see him f— that up, to where people think he's Vanilla Ice. I tell him that. Like, 'You don't want to become a joke. When you go out, don't start s—. Don't come in shirtless.' But the thing is, I think boys are, like, seven years behind. So in his head, he's really, like 12."

Rihanna is in a Twitter feud with Teyana Taylor

Rihanna is in a Twitter feud with up-and-coming R&B singer Teyana Taylor.

I have to say, I don't totally get why someone like Rihanna would pick on someone like Teyana, aside from the fact that their names rhyme. I have literally only heard of Teyana because Rihanna is making fun of her. Is this all part of some larger secret plot to make Teyana famous?

It all started on Sept. 11 when Teyana, who is signed to Kanye West's GOOD label, Instagrammed a video of herself singing Anita Baker's "Caught in the Rapture." Rihanna then Instagrammed a video of her male stylist in a Teyana-esque wig, singing the same song and apparently mocking Teyana, and then it was on.

"Petty is petty and shade is shade, b— knew what

the f— she was doing," Teyana tweeted (and later deleted), according to E! Online.

"I REFUSE to help your career...you will NOT get an @ from me! Not til you pay me!

#nomorefreeportmo" — [yes,

Rihanna made a typo on "promo"] — "#iRefuse," Rihanna responded (but not an @ response,

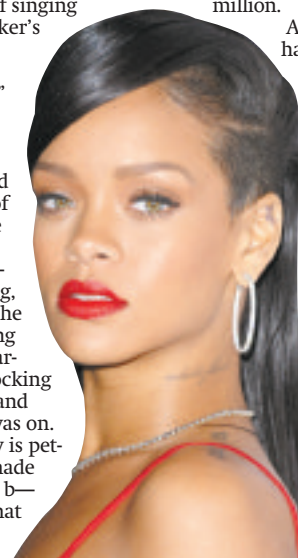
of course). She even changed her Twitter background to mock financial statements — one showing that Teyana is worth \$500,000, the other valuing Rihanna at \$90 million.

All of this has now been scrubbed from their Twitter accounts, of course. The tweets are deleted; Rihanna's background image is lipstick again. I am sure that means they are now best friends.

Metro/
Melinda
Taub



TEYANA TAYLOR
GETTY IMAGES



Chris Brown and Drake make up

Make new friends, but keep the old. One is silver, and the other beat up a lady one time.

Chris Brown and

Drake have quashed their beef and may even become pals, according to Page Six.

The pair apparently met up at the iHeartRadio Music Festival in Las Vegas this weekend, which Drake and his crew attended specifically to catch Brown's performance. "Drake came on

Friday with his whole crew, and watched Chris' entire set," a source said.

The happy reunion continued after the show: "They were backstage hugging and drinking," another source reports. Apparently, the meeting went so well that the pair are talking about collaboration.

Metro/MT



CHRIS BROWN
GETTY IMAGES

Michael J. Fox finally returns to TV

Review. "The Michael J. Fox Show" is a triumph for the actor. But for how long?

On "The Michael J. Fox Show," beloved actor Michael J. Fox is Mike Henry, a well-known TV news anchor with Parkinson's who returns to work after a five-year hiatus. The show, which presents itself as a mix of the feel-good family dramedy "Parenthood" and the sharp wit of "Parks and Rec" — but baked up in a "Big Bang Theory" mainstream sitcom sugar cake — touches on the hero-worship that has attached itself to Fox since he revealed his diagnosis of Parkinson's disease in 1999. In the show, Henry can hardly go out in public without receiving a standing ovation.

And Parkinson's is a huge theme of the show. The disease is mentioned in some variation in every scene of the pilot, but Fox's visible afflictions from it don't loom as large. The actor can sometimes seem like an engine without the right oil; his motions are halting and sometimes unpredictable, but not wild or distracting.

The grim, little tragedies of the disease — Henry can't dial the phone without accidentally calling the cops, he can't navigate a serving spoon without spilling — are handled in the "awww-shucks" manner familiar to sitcoms. "Can you not have a personal victory right now, we are starving," his wife "jokes" as he tries, and fails, to dish out his family's supper. It would make you cry if you couldn't almost hear the laugh-track in the background.

The writing is witty,



"The Michael J. Fox Show" premieres on NBC tonight with back-to-back episodes at 9. / PROVIDED

the acting is good (anything that features Wendell Pierce of "The Wire" fame is OK with me) and it looks nice on the screen. But it is not high art. It's

not must-see TV (you won't be sitting around the water cooler, chatting about what happened on last night's episode). It is a prettily produced fam-

ily sitcom featuring one of our most beloved actors of the 20th Century. They call it "The Michael J. Fox Show" for a reason. And, in the end, NBC and

Season 1

A Fox-y plot

"The Michael J. Fox Show" follows Henry as he navigates his family life (he became a stay-at-home dad after the diagnosis, much to the chagrin of his wife — "Breaking Bad"'s Betsy Brandt — and their three children), as well as his return to the newsroom while battling Parkinson's.

Michael J. Fox should be commended for this heroic shot. After all, spending an hour with Fox is like spending an hour with an old friend.

But I just don't know how long people will tune in after the homecoming ends.



DOROTHY ROBINSON

dorothy.robinson@metro.us

DON'T BE SCARRED, BE CONFIDENT!

Lexington Plastic Surgeons
Your complete scar care treatment facility



**Get rid of unsightly scars
once and for all.**

- Keloids • Burns • Rosacea
- Acne Scars • Stretch Marks
- Port Wine Stains

VISIT
LEXINGTON
PLASTIC
SURGEONS
FOR YOUR
CUSTOMIZED
TREATMENT



www.LexingtonPlasticSurgeons.com

1-888-571-9178

most insurance accepted

GET STARTED!! MODELING & ACTING

Now Girls & Boys Starting At Age 7+

INTERVIEWS HELD ONE DAY ONLY

SATURDAY, SEPTEMBER 28TH, 2013

Barbizon Modeling is looking for girls & boys to train for TV, Commercials, runway and print work. Barbizon graduates have worked with The Gap, Macy's, Toys 'R' Us, Pepsi, the Today Show, Hannah Montana, Jonas Bros. Show, ANTM, Broadway Shows and Films.

BY APPOINTMENT ONLY

Times: 11am, 1pm 3pm and 5pm • Please choose one time most convenient for you

CALL: 212-239-1110

Interviews will be held at **The New Yorker Hotel**

8th Ave at 34th Street (Across from Penn Station) • Under 18 must be accompanied by your parent.



BARBIZON MODELING OF MANHATTAN

Lic. by NYS Ed. Dept.

An aerial night photograph of the New York City skyline, with the MetLife Stadium in the foreground. The stadium is illuminated with blue lights, and the city skyline is visible in the background under a dark sky with some clouds.

Dear New York,

I love your skyscrapers,
but I adore your Giants.

#LoveThisCity

ONCE-IN-A-LIFETIME EXPERIENCES AND AMAZING
OFFERS LIKE AN UNFORGETTABLE GAME DAY
PACKAGE WITH THE NEW YORK GIANTS.

BOOK AT PRICELESS.COM/NY

Certain restrictions apply. Limited quantities available and limited time offer. For MasterCard cardholders only. MasterCard, Priceless and the MasterCard Brand Mark are registered trademarks of MasterCard International Incorporated. ©2013 MasterCard.



PRICELESS[®]
CITIES

NEW YORK CHICAGO LONDON PARIS AND MORE

10 films that could be worth your cash

Movies. Here's what's coming to (or is already at) your local googolplex.

2 'Baggage Claim' This is Robin Thicke and Paula Patton's world; we're just living in it. Here, Patton plays the only unwed woman in her family, who decides to travel cross-country to beg a man to marry her. It's called acting.

3 'Cloudy With a Chance of Meatballs 2' Sorry, guys, but this sequel to the 2009 adaptation of the 1978 children's book fave is not based on its 1990 sequel, "Pickles to Pittsburgh." It is an original concept with a generic title.

4 'Metallica: Through the Never' Fifty-year-old metalheads finally go through the never—that is to say: star in a 3-D IMAX concert movie with lasers, holograms and a "story" running throughout, starring Dane De Haan ("The Place Beyond the Pines") encountering protesters and demons.

5 'Inequality for All' Former Secretary of Labor and economist Robert Reich hosts this documentary, in which he reminds us of the ever-widening gap between rich and poor—and essentially how we're all going to die horrible deaths.

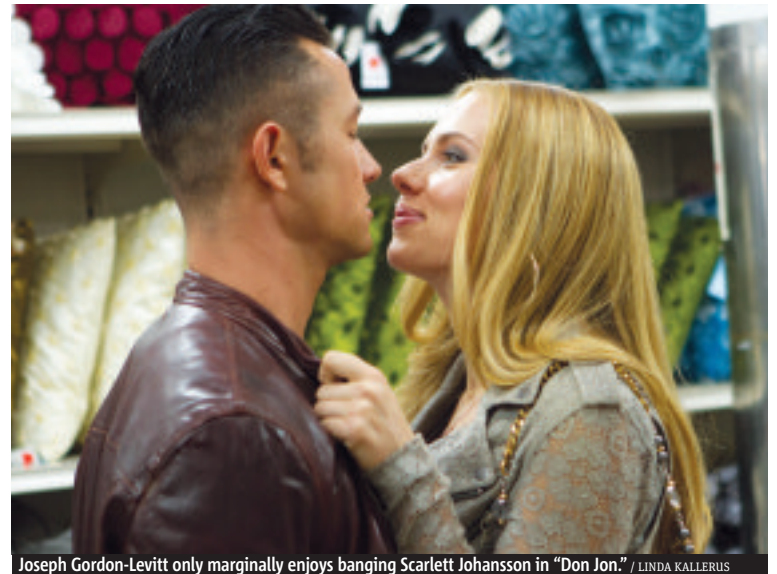
6 'Therese' Not to be confused with last month's Audrey Tautou period piece "Therese,"

Must-see

1 'Don Jon' Not content to be one of the best actors of his generation, Joseph Gordon-Levitt is a director, too. He also stars in his feature debut, playing an oily Jersey boy who finds sex with Scarlett Johansson not as fulfilling as jerkin' to Internet porn. And Tony Danza's his dad!

this period piece stars Elizabeth Olsen as the heroine of Emile Zola's novel "Therese Raquin"—a repressed young woman who starts an affair with her husband's pal (Oscar Isaac).

7 'We Are What We Are' A remake of the 2010 Mexican film of the same name, this dramatic horror portrays a reclu-



Joseph Gordon-Levitt only marginally enjoys banging Scarlett Johansson in "Don Jon." / LINDA KALLERUS

sive family whose ancient customs are threatened when tragedy strikes.

8 'Prisoners' Hugh Jackman leads an all-star cast as a father whose daughter is kidnapped, so he winds up kidnapping a man (Paul Dano) he thinks is responsible (but might not be, even if played by Dano in full creep mode).

9 'Rush' Having nothing to do with the 1991 narc film (nor the band), Ron Howard's latest details the rivalry between 1970s Formula One racers James Hunt (Chris Hemsworth) and Niki Lauda (Daniel Bruhl). Howard's directorial debut was the car comedy "Grand Theft Auto," so this isn't entirely new territory for him.

10 'Enough Said' One of James Gandolfini's final performances is in this dramedy from Nicole Holofcener ("Lovely & Amazing"), where he engages in middle-aged courtship with masseuse Julia Louis-Dreyfus.



MATT PRIGGE
matt.prigge@metro.us

Scan to Win!

"You too can have a Natural Gorgeous *sexy* Smile for as low as \$99/month by NEW 3D imaging CAD/CAM Laser @ Relaxing Holistic Park Ave Dental Spa!*

Dental Plan: Reduced to only \$20 per month!

"I had a Quick, Comfortable, Pleasant visit"

invisalign Express

Straight Teeth in 5 months, No Braces!*

FAST instant Braces for only \$1999

Implants/2 visit Extreme Smile MakeOver

Proven Laser * Dentistry

BEST Fees & Quality Guaranteed on all procedures as low as \$999

ZOOM! Whitening

Save **was 650**

Now Only \$199 – Exam/Cleaning \$49

snapon smile

Natural Strong Dentures as low as \$999

LUMINEERS BY CERINATE

Discover Natural Veneers as low as \$999

CEREC

One-visit dentistry

Whiten all Silver Fillings/ as low as \$999

Treatment of pain, Bad Breath/Halitosis, Gummy Smile, Gingivitis, Laser Dentistry, and 500+ other treatments.

*Promotions end 9/30/13. Must qualify. Limitations apply. Not all patients qualify for the same treatments.

Become your own boss and let us help you!

We provide driven, motivated, and energetic people just like you, the means to start their own business.

We do this by giving you all of the training, grooming, and supplies you need to get off the ground and running. Our top owners regularly make up to \$1200 a week!

We also provide a \$1000 bonus ON TOP of your commissions after your first 500 tickets sold.

We are Skyline Tours, the newest fleet of Double Decker Tour Busses. As a partner, you will have the opportunity to sell tickets for the best sightseeing company in New York City.

You can submit interest by emailing us at **OrangeBusTicketSales@gmail.com** or calling **212.967.1109** and ask for Don or Karl.

SKYLINE SIGHTSEEING

Living is the sweetest fracture

Emo. Saves the Day's Chris Conley isn't through being cool just yet.

Emo isn't dead. At least not according to Saves the Day's Chris Conley, who's been in the business of making emotive, yank-on-your-exposed heart strings music for just about two decades.

In fact, if you ask Conley, emo is making a resurgence.

"[There are] a lot of new bands coming along that have that same spirit, that authenticity, and honesty and good songwriting," he says. "You see a lot of bands coming up that have that sound, like they listen to music of the 90s now, so maybe it goes in waves. I think that honest music is making a comeback."

As for any residual stigma associated with the most angsty genre around,

he thinks that it's on the decline. "I think some of the negative connotations might be disappearing," he says. "I think that the phase of the haircuts is probably over, where the band's MySpace profile picture mattered more than their first demo. I think people are reaching out for the real groups again."

If anyone would know, it would be Conley. The only remaining founding member of one of emo's definitive bands, he's stuck with it through eight studio albums and a revolving door of bandmates that's seen almost 20 members come and go.

Conley, who played the cello for seven years as a kid before discovering the guitar, started Saves the Day with his high school buddy Brian Newman. Self-described as an "extremely alienated teenager," Conley escaped by listening to Zepplin and fooling around in his garage with Newman. Soon, they'd started a band.



Saves the Day play a sold-out show at the Music Hall of Williamsburg tonight. / PROVIDED

Quoted

"I think that the phase of the haircuts is probably over, where the band's MySpace profile picture mattered more than their first demo."

Conley
on the state of the emo genre

All good emo stems from pain, however, and Conley seems more attuned to his own existential angst than most. Newman left the band in 2001 and his now a therapist ("coming from emo, that makes sense," laughs Conley). His abrupt departure left Conley reeling. "When Brian left, that really hurt. That felt like, where is my friend going?," he recalls. "I wasn't sure if I wanted to

do it without him. But once I got over that...it felt like just carrying on as usual."

Conley's been carrying on ever since. And, despite a marked evolution from very dark, morbid songwriting in the early days to Saves the Day's just-dropped eponymous album, which can almost be described as upbeat, he's remained true to one constant — honesty in music.

"It's just a crazy experi-

ence to be alive, it's actually overwhelming," he says. "Our bodies are so fragile and our life is just poised on this vulnerable edge of impending doom. I just felt completely lost. Why do you have to try to be a certain way, just to belong, when maybe we could belong just being ourselves? It's the enormity of the human experience."

Despite the title of their sophomore album, for Conley, you can't really stay what you are. "I'm a completely different person [now] and, oddly enough, it was through accepting the enormity of the turmoil that helped me find this peace," he says. "It's almost counterintuitive, but it's like you get thrown in the water, and you think you have to flail around to stay afloat but it's the opposite. You let go and it is what it is — you are floating."



ALEXANDRA
CAVALLO

alexandra.cavallo@metro.us

NEW AMSTERDAM MARKET AT THE OLD FULTON FISH MARKET

SEPTEMBER 29 HARVEST MARKET AND CHEESE FAIR
OCTOBER 5 SAVE OUR SEAPORT RALLY! WITH GUEST SPEAKERS & MUSIC
OCTOBER 27 VERMONT SAIL FREIGHT; THIRD GATHERING OF FISHERIES
NOVEMBER 24 THANKSGIVING MARKET, NEW YORK STATE HARD CIDER
DECEMBER 15 GREAT SOLSTICE MARKET

CHECK OUR WEBSITE FREQUENTLY FOR DETAILS!



NEWAMSTERDAMMARKET.ORG

WAS YOUR HOME DAMAGED OR DESTROYED BY HURRICANE SANDY?

Register for assistance by
Sept 30, 2013.

Visit
nyc.gov
or call
311

**NYC
BUILD IT
BACK**

Stronger & Safer

NYC
Michael R. Bloomberg
Mayor

**Housing
Recovery**

Brad Gair
Director of Housing Recovery Operations



We are pledged to the letter and spirit of U.S. policy for the achievement of equal housing opportunity throughout the Nation. We encourage and support an affirmative advertising and marketing program in which there are no barriers to obtaining housing because of race, color, religion, sex, handicap, familial status, or national origin.



This program is made possible through Community Development Block Grant Disaster Recovery funding from the U.S. Department of Housing and Urban Development.

QUALITY DENTURES AND DENTAL IMPLANTS

THE SAME DAY



NEW PATIENT PACKAGE

MAINTENANCE
CLEANING
DIGITAL X-RAYS

\$89

With this ad only. One per patient.
First visit only. Coupon expires 9-30-13

NEW PATIENTS ONLY

ONE
DENTURE
RELIN

\$194

With this ad only. One per patient.
First visit only. Coupon expires 9-30-13

- Full Service Dental Office
- Repairs & Relines While-U-Wait
- Dental Implants • Crowns & Bridges
- Cosmetic Dentistry
- Senior Citizen Discounts

www.heraldsquaredental.com



Smile with Confidence!
CALL NOW
212.689.0024

Leaders in Implant Dentistry! - Est. 1977

Free Consultation • Most Insurance Welcome

224 W 35th St. New York, NY 10018, Btwn 7th & 8th Avenues



METRO IS THE **MOST READ**
FREE DAILY NEWSPAPER IN
NEW YORK WITH OVER 730,000
DAILY READERS!

FOR ADVERTISING: advertising@metro.us or 212-457-7735

Source: Scarborough R1 2013



www.metro.us
Thursday, September 26, 2013

ART 24

Royal Ballet is bugging out

Dance. Kafka's famous novella is transformed through movement.

Franz Kafka's "The Metamorphosis," written in 1915, is essentially a study in interiority. Nothing much happens: A man turns into a bug and his family is floored, at once compassionate and revolted.

Arthur Pita, a choreographer born in South Africa and trained in London, took Kafka's story, updated it to the 1950s, and changed a few significant details. The result is a handsome, 90-minute dance-theater work that tugs at many emotions, ultimately leaving spectators exhausted. Designer Simon Daw's set and costumes are crisp and functional. Frank Moon's music, both live and recorded, saws at our nerves until we are as



Edward Watson, as Gregor Samsa, completes his metamorphosis into a bug. / TRISTRAM KENTON

frazzled as poor Gregor Samsa, the salesman who wakes up one morning to find himself transformed into a beetle. British dancer Edward Watson rivets our attention in this role, more praying mantis than cockroach with his long limbs and articulate toes.

His devoted little sister (Corey Annand), a violinist in the story, is here ren-

dered as a student dancer; her progress marks the passage of time. Their parents (Nina Goldman and Anton Skrzypiciel), tortured in different ways, evade the issue of their suffering son; the family's interrelationships are thoroughly Freudian, anchoring the tale to its mittel-European roots. The most winning, least-affected performance is that of Bettina Carpi as the brusque maid charged with cleaning up after Gregor.

This Royal Ballet production won lots of prizes in London two years ago, and it's certainly a masterpiece of stagecraft, down to the gooey stuff that oozes from the poor creature trapped in his bedroom. But Pita never solves the essential problem: how to turn Kafka's meditative work into an action-adventure.

ELIZABETH
ZIMMER
letters@metro.us

If you go

Royal Ballet's 'The Metamorphosis'

Through Sept. 29
The Joyce Theater
175 Eighth Ave.
\$10-\$75,
www.joyce.org

YOU CAN HAVE THE PERFECT PAIR IN MINUTES.

Non-invasive treatments for

- Varicose Veins
- Spider Veins
- Facial Veins

David M. Glass MD, FACS
Board Certified Vascular Surgeon
25 Years of Experience

NEW YORK VEIN CENTER

BROOKLYN / MANHATTAN

1-888-920-2871
www.NewYorkVeinCenter.org

CRUISE.COM

EXPERT ADVICE LOWEST CRUISE PRICES GUARANTEED!

LOWEST PRICE

SIZZLING HOT SAVINGS!

Receive Free Pre-paid Gratuities, up to \$500 OFF, up to \$1000 Onboard Credit, up to \$350 Onboard Savings, Free Upgrades plus Kids Sail FREE and More! on select sailings

7-Day Caribbean	12-Day Europe	7-Day Bermuda	15-Day Hawaii
\$379*	\$499*	\$749*	\$1199*
Pre-Paid Gratuities, up to \$500 Onboard Credit, plus Free Beverage Package and More! on select sailings	Pre-Paid Gratuities, up to \$500 Onboard Credit, plus Free Beverage Package and More! on select sailings	Pre-Paid Gratuities, up to \$500 Onboard Credit, plus Free Beverage Package and More! on select sailings	Pre-Paid Gratuities, up to \$500 Onboard Credit, plus Free Beverage Package and More! on select sailings
Ocean View \$399* Balcony \$699*	Ocean View \$599* Balcony \$699*	Ocean View \$899* Balcony \$1199*	Ocean View \$1199* Balcony \$1499*
7-Day Europe	7-Day Bahamas	7-Day Alaska	11-Day Caribbean
\$399*	\$429*	\$499*	\$599*
Pre-Paid Gratuities, up to \$500 Onboard Credit, plus Free Beverage Package and More! on select sailings	Pre-Paid Gratuities, up to \$500 Onboard Credit, plus Free Beverage Package and More! on select sailings	Pre-Paid Gratuities, up to \$500 Onboard Credit, plus Free Beverage Package and More! on select sailings	Pre-Paid Gratuities, up to \$500 Onboard Credit, plus Free Beverage Package and More! on select sailings
Ocean View \$499* Balcony \$699*	Ocean View \$529* Balcony \$679*	Ocean View \$639* Balcony \$1179*	Ocean View \$749* Balcony \$849*
7-Day Caribbean	11-Day British Isles	10-Day Panama	10-Day Caribbean
\$449*	\$499*	\$699*	\$789*
Pre-Paid Gratuities, up to \$500 Onboard Credit, plus Free Beverage Package and More! on select sailings	Pre-Paid Gratuities, up to \$500 Onboard Credit, plus Free Beverage Package and More! on select sailings	Pre-Paid Gratuities, up to \$500 Onboard Credit, plus Free Beverage Package and More! on select sailings	Pre-Paid Gratuities, up to \$500 Onboard Credit, plus Free Beverage Package and More! on select sailings
Ocean View \$499* Balcony \$599*	Ocean View \$599* Balcony \$1479*	Ocean View \$789* Balcony \$989*	Ocean View \$839* Balcony \$989*
10-Day Europe	7-Day Bermuda	9-Day Caribbean	7-Day Bahamas
\$499*	\$499*	\$499*	\$579*
Pre-Paid Gratuities, up to \$500 Onboard Credit, plus Free Beverage Package and More! on select sailings	Pre-Paid Gratuities, up to \$500 Onboard Credit, plus Free Beverage Package and More! on select sailings	Pre-Paid Gratuities, up to \$500 Onboard Credit, plus Free Beverage Package and More! on select sailings	Pre-Paid Gratuities, up to \$500 Onboard Credit, plus Free Beverage Package and More! on select sailings
Ocean View \$549* Balcony \$749*	Ocean View \$549* Balcony \$1009*	Ocean View \$599* Balcony \$949*	Ocean View \$679* Balcony \$849*
7-Day Caribbean	7-Day Alaska	10-Day Panama	15-Day Hawaii
\$499*	\$548*	\$599*	\$899*
Pre-Paid Gratuities, up to \$500 Onboard Credit, plus Free Beverage Package and More! on select sailings	Pre-Paid Gratuities, up to \$500 Onboard Credit, plus Free Beverage Package and More! on select sailings	Pre-Paid Gratuities, up to \$500 Onboard Credit, plus Free Beverage Package and More! on select sailings	Pre-Paid Gratuities, up to \$500 Onboard Credit, plus Free Beverage Package and More! on select sailings
Ocean View \$529* Balcony \$829*	Ocean View \$648* Balcony \$1198*	Ocean View \$749* Balcony \$999*	Ocean View \$999* Balcony \$1599*

800-395-6127

*Prices are per person, based on double occupancy. Double occupancy rates apply. Don't forget to add taxes and fees. Prices include 100% gratuity. Prices are subject to change without notice. All sailings are per cabin on select ships and sail dates and are not necessarily for cash. Shipper/Registry: The Bahamas and Panama. CAB 1003380-08 / Limited Price Guarantee. In order to qualify for the guarantee the competitor's rate that appears in the sailing must be available for booking and for all the advertised Cruise-only period. 18% U.S. Tax, 10% Canadian Tax, 15% U.S. Tax. The guarantee will not be applicable for any rates that apply from the cruise lines in offering the rate. The guarantee does not apply to air, land components, optional charges etc. This offer is only valid on cruise lines that are members of CLIA.



'Simpsons' onstage? Almost

Theater. Can a cartoon family save humanity from devolving into chaos?

If you're looking for a theatrical fix of "The Simpsons," you might try Anne Washburn's "Mr. Burns, a post-electric play" at Playwrights Horizons. But be careful what you wish for. Pre-electric may be more up your alley.

"Mr. Burns" begins with five refugees from some sort of cataclysmic event huddled in front of a fire. At one point they characterize towns and cities ("Boston is a mess. Providence is deserted.") and inquire about the

welfare of friends.

But mostly they try to piece together the plot and dialogue from "The Simpsons" episode modeled on the movie "Cape Fear," in which Sideshow Bob wants to kill Bart. The group's attempt to reconstruct a television show, while the world is literally crumbling around them, is surprisingly engaging. It works because of its two levels: the humor of the "Simpsons" episode and the characters' escapist involvement in it.

But then things go downhill. Seven years later, the same characters are rehearsing a play, which seems somehow essential to their post-apocalyptic survival. "The Simpsons" briefly creeps in again, but the immediacy of the first



Does this scene look familiar? Well, try seeing it through the lens of decades of perspective and memory. / JOAN MARCUS

act is gone. Imitating the Simpsons is less compelling than discussing them. How can mere mortals compete with the real thing? The cartoon's absence is even more acute in Act III, 75 years later, when the entire cast is in half-face masks performing a Simpsons operetta.

There's an absurdist playfulness to "Mr. Burns" that's appealing. But while the laughs continue, they diminish as the show progresses. The take-away is simple: You can't trump "The Simpsons."

If you go

'Mr. Burns, a post-electric play'

Through Oct. 6
Playwrights Horizons,
416 W. 42nd St.
Starting at \$70,
www.playwrightshorizons.org

MICHAEL BRACKEN

michael.bracken@metro.us

Want a different kind of education for your child?
There's still time! We can help.



AT CITIZENS OF THE WORLD, WE PROVIDE:

- Free progressive education within a diverse school setting
- Two certified teachers in every classroom with small class sizes
- Teachers who hail from in-demand private schools and charter networks in NYC
- Principal with an EdM in School Leadership from Harvard and 17 years of experience in public schools
- Certified art, music, dance, and yoga instructors
- Focus on integrated Social Emotional Learning across the school day
- Experiential, project-based learning in Science and Social Studies
- After school enrichment program until 5:45 p.m.
- Busing available to students with stops in Bushwick, Williamsburg, Fort Greene, and Bed-Stuy
- Tours available daily at 9 a.m. Call for an appointment!



www.cwc-williamsburg.org
call us: (718) 384-1386

metro

EVERY WEEK, METRO
REACHES 124,000 MORE ADULTS
IN NEW YORK THAN AMNY

[Integrated Newspaper Audience • Metro: 1,516,513, amNY: 1,392,442]

FOR ADVERTISING: advertising@metro.us or 212-457-7735

Source: Scarborough R1 2013

Part Tour. Part Show. Total Entertainment.

THE RIDE

Fall Weekend Special

\$55 tickets

Friday, 9/27 - Monday, 9/30

Use code: FALLMETRO

EXPERIENCE **THE RIDE**.COM

(866) 811-4111

Do you struggle with Diabetes & Weight?



✓ Are you taking oral medications for type 2 diabetes?

✓ Have you struggled to lose weight?

The ENDO Trial

Doctors at The Friedman Diabetes Institute at Beth Israel Medical Center are accepting new participants for the ENDO Trial. If you are at least 50 lbs. overweight and currently taking oral medication for your type 2 diabetes, you may qualify to participate. The study is evaluating **EndoBarrier®** - an investigational, non-surgical medical device designed to decrease blood sugar and body weight.

There is no cost to participate, and all study-related care will be overseen by a team of specialists.

Take the Next Step

To learn more, please call: 1-888-978-8399
or visit: www.EndoBarrierTrial.com

The Hookup

AMBER MADISON

AMBERMADISON
ONLINE.COM

Amber Madison is a Manhattan-based relationship expert and therapist. She is the author of "Are All Guys Assholes?" for which she traveled the country, spoke to over 1,000 men and discovered that the answer to this question is no. Follow her on Twitter: @ambermadi.



The point of being in a relationship isn't so that other people don't think you're a loser. I know that may sound a little extreme, but if we're honest, having a Facebook account can come along with a certain amount of pressure to project an image of perfection. We can get so obsessed with showing our social media selves having a good time that we don't live in the moment and actually have a good time as it's happening.

Living in the moment means really experiencing whatever you're doing. At the risk of sounding too crunchy, it means tuning in, taking in what's around you and staying engaged. Ask yourself this: Are you where your feet are? Or are you so busy taking pictures, posting them on social media sites and

LIVE WITHOUT HASHTAGS AND MORE EXPERIENCES



Are you where your feet are, or where your phone is? / GETTY IMAGES, BANANASTOCK RF

Quoted

"When your experiences revolve around taking pictures, it's a sign you're not present in what's actually happening."

monitoring the likes and comments that you're not really interacting with the people around you?

Although smartphones enable us to stay in touch in seemingly endless ways, they can also undermine our friendships and relationships. It's not enough to simply have friends; we have to actively engage with each other. It's not uncommon to be around people but still feel alone. That's what happens when we're not really connecting.

Connecting means confiding in our partners when things aren't so great. It means asking real questions about

what's going on in their lives, what they're excited about, struggling with, or considering. It means making ourselves vulnerable, and having conversations about how we really feel, not regurgitating answers we think we're "supposed" to say. And of course, this all starts with making the commitment to cool it with phone fetish.

Sure, it's nice to be able to look back on fun nights and important

events. But when your experiences revolve around taking pictures of them, it's a sign you're not present in what's actually happening (and, I'd argue, not really enjoying yourself). So: Take a few photos when you first meet up, but then put your phone away. It's a mistake to end up with a bunch of images of times that could have been a lot more fun had you actually been focused on the experience at hand.

VISUALIZE YOUR SUCCESS @ LIBI



GED+
DEGREE
AVAILABLE

EARN AN ASSOCIATE'S DEGREE IN:

- Homeland Security & Security Management
- Business Management
- Hospitality Management
- Emergency Care Management
- Office Tech/ Medical Office
- Accounting

CERTIFICATES:

- Elder Care Administration
- Business Tech Specialist
- Digital Marketing
- and many more...

ASK ABOUT OUR FAST TRACK TO A 4 YEAR DEGREE

www.libi.edu



LONG ISLAND
BUSINESS INSTITUTE

718.939.5100

For consumer disclosure, please visit www.libi.edu and click Gainful Employment Data

Financial Aid Available for those who qualify

GoToAProsthodontist

If you have:
Long standing dental problems
Ill-fitting denture
Missing or Lost Teeth
Bite problems
Or Want to rejuvenate your smile

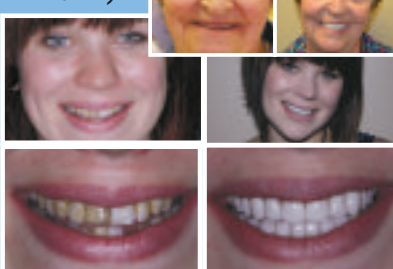
Prosthodontist is the only dental specialist in Cosmetic and Implant dentistry recognized by American Dental Association

Complementary Consultation Exam or 2nd Opinion
Call us today to find out about our affordable prices

Dr. Olga Malkin
21 West 58th Street
212-355-4510
www.drolgamalkin.com

Before and After

(Actual patients of Dr. Malkin)



Dr. Malkin's work was featured on



Your smile.
Our specialty.™

SPECIALIZING IN SURGERY AND AESTHETICS OF THE FOOT

DOWNTOWN PODIATRY SERVICES

Cutting Edge Means Less Cutting



BEFORE



AFTER



BEFORE



AFTER

HAMMERTOE CORRECTION

1 - 877 - BUNION - 1 • 1 - 877 - 286 - 4661

www.DowntownPodiatry.com

MOST INSURANCE PLANS ACCEPTED

Downtown

111 John St., Suite 1450

Midtown

315 Madison Ave., Ste. 513

FREE CONSULTATION WITH THIS AD

ALL PHOTOS OF ACTUAL PATIENTS

Dries kicks off Paris FW

**WEDNESDAY
3 p.m.
Dries van Noten**

This is turning out to be the season of the ruffle, an idea that Dries van Noten owned with his stellar show. But before you roll your eyes at its ultra feminine connotations, I should clarify that he's transformed the ruffle — long the stuff of gendered stereotypes — into something positively intelligent and cool. One by one, each look subverted some of fashion's most common tropes. His girls looked bohemian, but in a way that was more serious and grounded than the glittery, jet-setter interpretation we usually see of that theme. And his metallics, specifically his heavy use of gold, looked smart and substantive rather than frivolous. And those ruffles, they snaked their way up the torso, rather

than around the hemline the way we've come to expect. It was almost as if he were giving a certain kind of woman permission to embrace those decorative elements that she might ordinarily reject. It was a stellar start to the week.

KENYA HUNT



**DRIES
VAN
NOTEN**
GETTY
IMAGES

Sales



**Steven Alan
presents the Tibi
Trunk Show**

**Hosted by Amy
Smilovic**
Shop fall looks while
sipping on
cocktails. And enter
raffles for your chance
to win free goods.

Saturday
10 a.m. – 6 p.m.
Steven Alan Westport
100 Post Road East,
Westport, Conn.

**Jenna Leigh
sample sale**

**Get 50 to 75 percent
off lingerie.**

Oct. 3 and 4
9:30 a.m. – 6:30 p.m.
Galmart Showroom
136 Madison Ave., 4th floor



INVISALIGN DENTAL CENTER

IN THE
CHRYSLER BUILDING
42ND AND LEXINGTON

*Invisalign providers since 2005
with Elite status*



www.kakosiandental.com
888-711-0267

Call us to schedule a
complimentary consultation
and find out how Invisalign can
improve your smile

Full Invisalign treatments
are only

\$3999



\$1 ZOOM! Laser Teeth Whitening

(w/Check-up and Cleaning*)

*covered by your PPO Dental Plan



DR. STEVE



Up to 12 Shades Whiter in just 1 hour

Call (212) 537-6923 • Open Weekends and Evenings

30 East 40th St. #105 • 1 block from Grand Central Station
Ph (212) 537-6923 • www.Zoomfor1.com (exp 9/30/2013)

SQUIRT
.org
Hot 'n horny hookups.

**LAPTOP
OR
MOBILE
WE'RE
VERSATILE**



**1 month FREE
access**

with the promo code

METRONYC

Offer ends
Oct 15, 2013

There is no affiliation between the device manufacturer and Squirt.org

DENTAL IMPLANTS



\$395*
per Implant

(Nobel Biocare ONLY \$100 add'l!)

*Implant, post & crown must be
completed at our office to qualify for
promotional fees

**Speak with your
Smile Today!**

Expires
10/31/2013

+ post
\$595
+ Crown
\$795
Total
\$1,785

Contemporary Dental Implant Centre



**7 Convenient
Locations**

41st & Madison Avenue
Brooklyn • Valley Stream
Smithtown (Suffolk County)
Massapequa Park • Scarsdale
Rego Park

CT Scan-3D Views of the Jaw now available at our Madison Ave. location.

FREE CONSULTATION

NEW PATIENTS ONLY

Over 2,000 implants placed each year.

Must bring in ad at
the time of consultation.



CALL

212-269-9500

TODAY!

Se Habla Español

www.cdimplants.com

OPEN 7 DAYS A WEEK

my
my city. now.
metro

Jim Botsacos

Who: Executive chef and partner at Molyvos and Abboccato
His pick: Butternut squash

"Butternut squash is adaptable to many cooking techniques. At Molyvos, we create a butternut squash soup with thyme, honey and whipped yogurt. This is a quick and easy soup for the home cook."



BILL MILNE

Charlie Palmer

What: Celebrating 25 years at his Midtown flagship, Aureole
His pick: Pumpkin

"Pumpkin is easily translatable. At home, I'd suggest a pumpkin soup: Serve it with bacon, a dollop of creme fraiche and some country bread. At Aureole I make pumpkin risotto with lobster, toasted pumpkin seeds, wild watercress and shaved pecorino."



PROVIDED

Phet Schwader

Who: Executive chef and partner of the newly opened Laotian restaurant Khe-Yo
His pick: Black kale

"Most people only use it for salads or steamed as a side, but it is a great alternative to lettuce wraps. It adds a dimension to the flavor and texture of lettuce wrap-style dishes."

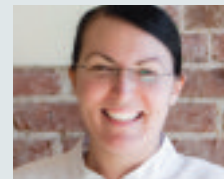


Vido serves buckwheat fettuccine carbonara with crispy Brussels sprouts and potatoes at Venturo. / GINA MASULLO

Michelle Vido

Who: Chef and co-owner of Astoria's Vesta and Pachanga Patterson as well as Sunnyside's Venturo
Her pick: Brussels sprouts

"I love how beautiful they look at the farmers market, still on the vine. I like them pan-crisped and tossed with Parmesan cheese, or sliced thin,



MARCIN JM

roasted, tossed with pasta and finished with pecan and sage gremolata. When served crispy, they're nothing like your mom used to make."



ANDRE BARANOWSKI

Michael Psilakis

Who: Chef/owner of Kefi, FISHTAG and MP Taverna
His pick: Cinnamon

"When you take cinnamon and add to braising and stews, and other hearty dishes, it adds a layer of flavor that always inspires a surprise yet is still recognizable. It can be used in any dish that requires long cooking in a liquid, but don't use too much."

FOOD • ANTIQUES • ART • FASHION • COLLECTIBLES

LIC FLEA & FOOD

OPEN
THRU
OCTOBER



STARTING
THIS
WEEKEND
PUMPKIN
PICKING

A
weekend
of
Japanese
Culture
FOOD • MUSIC
KIDS ACTIVITIES
OCT
5 & 6

charming
child
Contest
Extended
Come Sept. 29
& have your
kids photo
taken

EVERY SATURDAY & SUNDAY 10AM-6PM

FREE Admission // FREE Kids Activities

5-25 46th Avenue, Long Island City, NY 11101

LICFlea.com @licflea

Alan Gilbert
Music Director

CREDIT SUISSE
Global Sponsor

NEW YORK
PHILHARMONIC

NEW YORK PHILHARMONIC



SUBSCRIPTION SERIES
myphil
FOR MUSIC LOVERS UNDER 35

Choose 3 or more concerts for
ONLY \$32.50*
A TICKET.

Great seats, benefits, and more.

Order at nyphil.org/myphil or 212 875 5656
(promo code MYPHIL)

Must be age 17-35 to be a MyPhil subscriber. * \$2.50 per ticket facility fee applies for all tickets. An \$8.00 transaction fee is applied to all orders. All programs, artists, dates, and prices subject to change. Programs are supported, in part, by public funds from the New York State Council on the Arts, with the support of Governor Andrew Cuomo and the New York State Legislature, and from the New York City Department of Cultural Affairs and the National Endowment for the Arts. Classical 105.9 FM WQXR, the radio station of the New York Philharmonic. © 2013 New York Philharmonic.

Harvest... on the Hudson.



Special farm-to-table Autumn buffet cruise



- Thursdays, Fridays and Saturdays only
- Selected fresh produce from World Yacht's own "Floating Gardens"
- Additional harvest ingredients from a variety of Hudson Valley farms
- Locally-sourced beers and wines
- Celebrating New York and local producers
- Tickets start at \$65 per person
- Three weeks only now thru October 19th



WORLD YACHT
AT PIER 81 NYC

Dinner cruises | Brunch cruises | Special events

worldyacht.com | 888-525-2278 Pier 81 · West 41st Street & 12th Avenue | On-site parking

Where you'll be dining this fall

New bar openings

Clinton Hall

90 Washington St.,
212-363-6000

Not your typical FiDi beer bar, this brand-new beer garden boasts a menu filled with brats, fries and local and unpronounceable European drafts.

Grace

365 Third Ave.,
646-918-6553

More than just a posh pub with stellar cocktails — conceived by a talented crop of all-female industry veterans — the new Kips Bay public house also tells the story of Grace O'Malley, a 16th century Irish pirate and chieftain.

Bar Below Rye

247 S. First St.,
Brooklyn

Fittingly named, the bar beneath Williamsburg's Rye has the same wood details as the restaurant space above, but this newly opened bar offers new cocktails and a menu of small plates and bar snacks, created by chef/owner Cal Elliott.

The Winslow

243 E. 14th St.,
212-777-7717

This newly opened East Village pub house, heavy on the gin selection, with a British influence menu and Fuller's on tap, has all the makings of an ex-pat's new favorite hide-away.

Manhattan Cricket Club

226 W. 79th St. (above
Burke & Wills)

Cocktails, cricket and the occasional live jazz performance make for a decidedly unique experience on the Upper West Side — perfect for date night.

Fall Dining

Guide. These new restaurants shake the summertime sadness right off of New Yorkers.

Faster than you can say "cronut," memories of heat waves and rooftop drinking will fade — and that's the time you'll want to check out these new spots.

La Cenita

409 W. 14th St.,
646-289-3930

Tucked in the bi-level space once occupied by Abe & Arthur's, La Cenita ("little diner") opens this week from EMM Group (Catch, The General). The Mexican-inspired menu

by chef Akhtar Nawab (formerly of La Esquina) includes small and shared plates, plus lots of salsa, ceviche and taco options.

American Cut

363 Greenwich St.,
212-226-4736

Chef Marc Forgione looks to redefine the American steakhouse in this new Tribeca spot he's opening in partnership with LDV Hospitality later this month. Fans of the "Iron Chef" may be familiar with American Cut in Atlantic City (Revel), but he'll likely tweak the menu for the NYC crowd. It opens late September.

Park 112

2080 Frederick Douglass
Blvd., no phone number
yet



American Cut doesn't just serve steak. / PAUL WAGTOWICZ

Renovated & reopened

db bistro moderne

55 W. 44th St.,
212-391-2400

Designed by Jeffrey Beers International (the firm responsible for creating the original space in 2001), the newly opened midtown bistro boasts a new front bar and a menu update by chef Jim Burke.

Joe & Misses Doe

45 E. First St.,
212-780-0262

JoeDoe gets a revamp: a



These headlights greet guests at Joe & Misses Doe. / PROVIDED

new bar, new decor and a new comfort-food heavy menu, with a new take on old favorites (French dip dumplings) and cocktails made for two.



The Writing Room is in the former Elaine's spot. / PROVIDED

Up in Harlem, chef Kinsley John (formerly of Aquavit and Riingo) looks to serve eclectic global fare with a upscale, comfort-food slant in this 2,000-square-foot space with a notable wine selection. The beverage program, led by Adam Hess (Hotel Griffou, Spice Market), features one of the country's only self-service Enomatic Elite 8 Dual temperature wine machines, allowing patrons to sample and explore different vintages on their own. Look for it in late September.

Kingside

Viceroy Hotel, 120 W.
57th St., 212-707-8000

From chef Marc Murphy (Landmarc, Ditch Plains) comes Kingside, set in the Viceroy New York. Marc Murphy's interpretation of

New American cuisine will be set in a casual, clubby ground-floor hotel space in Midtown. It opens early October.

The Writing Room

1703 Second Ave.

The latest incarnation of the legendary Elaine's space on the UES pays homage to the institution that Elaine Kaufman brought to the neighborhood until its closing in 2011. The owners and chef come from nearby Parlor Steakhouse and chef Lucas Billheimer looks to focus on regional American fare in an updated, modern space. It opens mid-October.



KINGSIDE
PROVIDED

Monarch

408 W. 15th St.,
646-790-7070

Set in a 4,500-square-foot, 1930s warehouse space in West Chelsea, the multi-level restaurant will feature market American cuisine by chef

Michael Citarella, a hefty wine list and a cocktail program designed by Christian Sanders (Evelyn), along with a 10-person oyster bar. Look for it in mid-to late October.

Untitled (name TBD)

210 10th Ave.,
no phone number yet

Chef Amanda Freitag is opening her first solo project in the space that once occupied Chelsea's historic Empire Diner. "I feel a huge responsibility to New York City, because this is more than a restaurant — it's an iconic space," Freitag says. With a modern update, the space will feature 75 indoor seats and an additional 75 outdoor seats come spring. The diner will be open for lunch and dinner, eventually rolling out breakfast service, and will ultimately be open 24 hours. It'll be here mid-to late November.

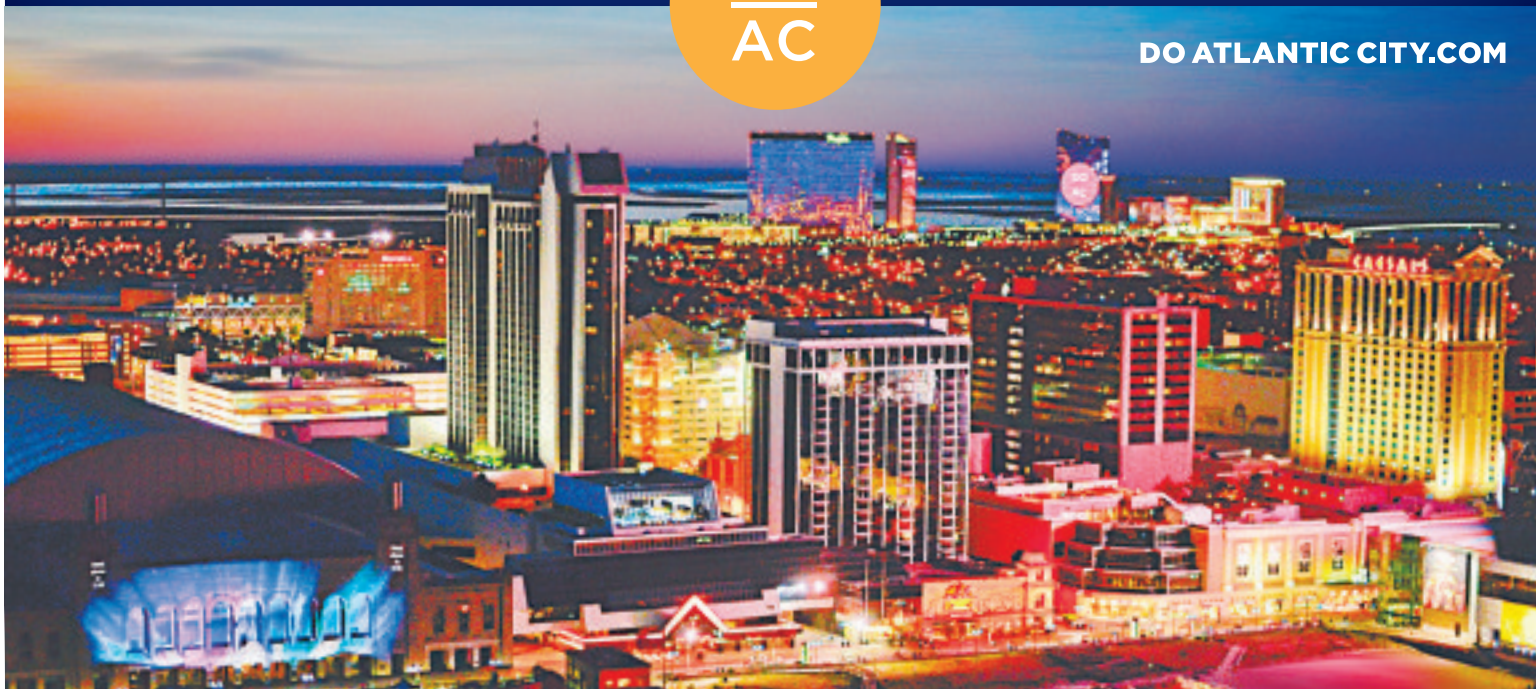
CINDY
AUGUSTINE
letters@metro.us



IF A PICTURE'S WORTH
A THOUSAND WORDS,
IMAGINE THE STORIES.

DO
AC

DO ATLANTIC CITY.COM



Happy Oktoberfest from Living Language!



CELEBRATE GERMAN CULTURE BY LEARNING THE LANGUAGE.

There are many ways to learn
with Living Language,
from audio CDs and books
to online courses and apps
for your mobile device or tablet,
and even e-Tutoring with a
live instructor
in a small-group setting.

Visit livinglanguage.com/languagelab
to try a lesson for free!



LIVING LANGUAGE

Munich mimics for Oktoberfest fun

Lederhosen.

Here's where to
raise your stein.

What better time to welcome fall — with the release of swimsuit-fitness stress — than a holiday devoted to chomping down on brats with beer? Fortunately, Oktoberfest is here, and many city spots are keeping the German holiday running through the end of October.

Chef Daniel Boulud's **DBGB Kitchen & Bar (299 Bowery, 212-933-5300)** will be celebrating Oktoberfest to the max, for a month. Every day from 5 to 7 p.m. through Oct. 31, enjoy a large stein of Hofbrau beer, regularly \$15, for \$8. They're also hosting a Beer and Brat dinner Oct. 2 with charcuterie, choucroute royale — a dish with braised sauerkraut and roasted vegetables — and dessert, with, of course, unlimited beers. Tickets are \$75.

Hop over the Hudson River to Hoboken, known for boisterous celebrations of holidays involving beer and food. The brick-walled **Pilsener Haus & Biergarten (1422 Grand St., Hoboken, 201-683-5465)**, with its third annual Oktoberfest celebration, will have German brews alongside Austro-Hungarian through Oct. 31. Get ready to grab your brew competitively, because they also host traditional Oktoberfest contests like mug-holding and keg-tapping.

If you're the type that likes to get gastronomi-



These festive ladies will greet you at Bierhaus. / JULIE YEAGLEY

cally involved, consider the National Bratwurst Eating Championship at **Bierhaus NYC (712 Third Ave., 212-867-2337)**. It's exactly one month away, Oct. 26, so you have some time to prepare. The second annual food fest will include No. 1-ranked competitive eater Jamie "The Bear" McDonald from Granby, Conn., to dominate sausages as a live band and emcee cheer contestants on. Last year, McDonald ate 33 bratwursts in eight minutes. Its other festivities include live music by acts like the Polka Brothers. Wash it all down at a long wooden table with one of six types of Hofbrau beer, or another of the 24 draft options.

Loreley Restaurant & Biergarten (7 Rivington St., 212-253-7077) is celebrating its 10th anniversary this year, so the party here includes a fleet of extra-special events. Another restaurant carrying the festivities through Oct. 31, it will feature a different beer every day, \$8 for a half liter, \$15 for a liter. Drop by on a Tuesday or Wednesday and keep the mug your brew arrives in. If you'd rather taste more than a few



SAUSAGE AT LORELEY
MICHAEL TULLIPAN

More fun

Double up on culture

Not just beer gardens are getting into the German holiday. Sen (12 W. 21st St., 212-388-5736) is showing New Yorkers a Japanese-style version though Oct. 6, boasting a flight of three Japanese beers and three dishes for \$28. Their classic but modern food, includes sushi plates, rice pots and dumplings.



beers, get a \$55 ticket for the Oktoberfest Beer Tasting Dinner Oct. 16, where guests try seven different beers in a three-course tasting. More focused on the brats than beers? Its Sausage Festival is Oct. 5 through 13.



ALISON
BOWEN
alison.bowen@metro.us



Get this soft pretzel at DBGB.
DBGB KITCHEN AND BAR

Madison Square Eats, Fall Edition

Friday, 11 a.m.-9 p.m. (daily through Oct. 25)
Worth Square
Broadway and Fifth Ave., West 24th to West 25th streets
Pay as you go
www.urbanspacenyc.com
Autumn is upon us. Leaves are changing colors, argyle sweaters are coming out of the woodwork, pumpkin ale is filling up our fridges and we're hungry. Luckily, the summer foodie heaven Madison Square Eats is returning for fall. Join Red Hook Lobster Pound, Roberta's, The Cannibal and more, all season long.

The Big Smoke

Oct. 2, 6 p.m.
Brooklyn Brewery
79 N. 11th St., Williamsburg
\$45, 718-486-7422
www.brooklynbrewery.com
If you like smoked meats, then you don't want to miss this — hell, they even have smoked veggies for you herbivores out there, plus delicious Brooklyn Brewery beer, starters and platters of charcuterie. We're going up in smoke when they break out the knackwurst.

The Joy of Sake New York 10th Anniversary

Tonight, 6 p.m.
The Altman Building
135 W. 18th St.
\$95-\$110, 212-741-3400
www.japanculture-nyc.com
Attention all sake snobs: The largest sake-tasting event in the U.S. is back, with 384 different sakes for you to try — 223 of which are not available in the States. Fifteen of NYC's top chefs will cook up some appetizers. Ten bucks to the first person to order a sake bomb and get kicked out, frat boy style!

Tang's Natural NYC Dumpling Festival

Saturday, noon
Sara D. Roosevelt Park
Houston Street between Chrystie and Forsyth streets
\$20 for food tickets
www.dumplingfestival.com
If you think hot dog-eating contests are impressive, wait till you catch the dumpling-eating contest at this year's festival. How

FREE



POST YOUR LISTING!

WWW.METRO.US/NEWYORK/EVENTS

Eve Bailey designed this sculpture — and choreographed the dance that the dancer did on the sculpture!
— at last year's DUMBO Arts Festival. / JANE KRATOCHVIL PHOTOGRAPHY

17th Annual DUMBO Arts Festival

Sept. 27-29, 6 p.m (Sept. 27), noon (Sept. 28 and 29); DUMBO, between the Brooklyn and Manhattan bridges; Free; 718-488-8588;
www.dumboartsfestival.com
DUMBO's more than just an elephant with big floppy ears that can fly. It's also a neighborhood in Brooklyn chock full of artists, cobblestone streets and great restaurants. The 17th annual DUMBO Arts Festival celebrates all this and more. Come for music, art, performances, a "kidlot" and amazing views of the Brooklyn and Manhattan bridges.

FOOD + DRINK



Got a hankering for ham? Tonight's fest is for you.
CONSORZIO DEL PROSCIUTTO DI PARMA

Prosciutto di Parma Palooza

Tonight, 6:30 p.m.; Wythe Hotel, 80 Wythe Ave., Williamsburg;
\$75; 718-460-8000; www.undergroundeats.com
Ham it up tonight with a celebration of all things pig. It's the first-ever prosciutto party in NYC, and Underground Eats has rounded up some of the best chefs around to create unique meals using oinkers as the main ingredient. Show up with a Prosciutto di Parma tattoo and receive a free leg of prosciutto ham. No joke.

We want you

Upload your own events!

Have an upcoming event that you want to let Metro readers know about? Send an email to nycevents@metro.us and we'll get it on our new listings website.

many dumplings can a person eat in two minutes? The record is 74. Try to not get sick watching this. And maybe try some of the many dumpling offerings before the contest begins.

FREE

Masters & Johnson: Pop Up

FREE

A Super Badass Adoption and Fundraiser Event with The Meatball Shop

Saturday, noon
NYC Pet
475 Driggs Ave., Williamsburg
Free
www.badassbrooklynanimalrescue.com
Badass Brooklyn Animal Rescue is partnering with The Meatball Shop to bring you the most bad-ass day of your life. You're going to be eating free meatballs, listening to tunes and adopting dogs all day long. There'll be bad-ass swag for sale and all proceeds go to saving dogs from high-kill shelters and idiots.



You can adopt this cutie on Saturday. / BADASS BROOKLYN ANIMAL RESCUE

Installation Celebrating "Masters of Sex"

Today-Sept. 29, noon-10 p.m.
Openhouse Gallery
168 Bowery
Free, www.openhouse.me
In anticipation of the Sept. 29 premiere of its new series, Showtime has put together this unique interactive exhibit,

giving visitors a look inside the lives of real life couple Dr. William Masters and Virginia Johnson. Take the "Masters of Sex Quiz," and see props from the show.

Taste of France

Sept. 28 and 29, 11 a.m.
Bryant Park
1065 Avenue of the Americas

Free, www.tasteoffrance.com
We know you're thinking french fries, French bread pizza, French kissing, but this is a little classier than that. This festival boasts a French bulldog contest, wine tastings, real French cuisine, L'Oreal makeup treatments, a hot air balloon, French authors and more. Oui!

COMEDY

Sixth annual Eugene Mirman Comedy Festival

Today through Sept. 29
Union Hall and The Bell House
Park Slope and Gowanus, Brooklyn
\$12-\$25, www.eugenemirmanfestival.com
Get ready for four days of hilarious stand-up and other comedy happenings. Eugene Mirman, who does the voice of Gene Belcher on "Bob's Burgers," will be joined by some of the other "BB" cast members, plus other notable funny people like Wyatt Cenac, Michael Ian Black, Todd Barry and more. Also expect musical guests, after-parties and other surprises.

CULTURE

The 11th annual New York Burlesque Festival Premier Party

Friday, 8 p.m.
Brooklyn Bowl
61 Wythe Ave., Williamsburg
\$10, 718-963-3369
www.brooklynbowl.com
Kicking off this year's New York Burlesque Festival are NYC's own Albert Cadabra, Shelly Watson, DJ Fresh Prince of Darkness (what, were you expecting Bel Air?), live music, go-go dancers, 20 of this year's burlesque stars and BOWLING! It is Brooklyn Bowl — we will bowl, burlesque or not. Or how about some burlesque bowling?

MUSIC

Helen Sung Concord Records CD Preview

Sept. 27-29, various times
Dizzy's Club Coca-Cola
10 Columbus Circle #5
\$35-\$45, 212-258-9595
www.jalc.org
Helen Sung takes a few days off from playing with the Mingus Big Band to share a sneak peek from her upcoming solo album. Her piano skills are half-classical, half-jazz and all awesome.
JAY HONSTETTER

Horoscope

♎ Libra | Sept. 23-Oct. 22. If you take on additional responsibilities, you will come through with flying colors. Accept the inevitable.

♏ Scorpio | Oct. 23-Nov. 21. Share your thoughts with the people who count. Get involved in something that will bring you a greater awareness of your community and beliefs.

♐ Sagittarius | Nov. 22-Dec. 21. Seek out the kind of entertainment that gives you a thrill or gets you thinking about a new adventure to pursue.

♑ Capricorn | Dec. 22-Jan. 20. Judge quietly what is going on around you. Step in and make whatever slight changes are needed to prevent an error.

♒ Aquarius | Jan. 21-Feb. 18. When it comes to a business or partnership situation, negotiate a deal you can live with. Nothing is perfect, but at least you'll get a fair deal.

♓ Pisces | Feb. 19-March 20. Your home is your castle, and the more you put into your place, the more you get back. Make changes that please everyone.

♈ Aries | March 21-April 20. You'll have to be innovative in the way you respond to others if you want to get things accomplished.

♉ Taurus | April 21-May 21. Take note of what others do, and you'll discover how to avoid a mistake that could lead to injury or insult. Focus on love, not anger and sorrow.

♊ Gemini | May 22-June 20. Take on extra work if it can show your expertise and superiority. Display your knowledge and push for a change that will make your world a better place.

♋ Cancer | June 21-July 22. Look at the big picture and diversify to get the most out of your assets. Networking will pay off.

♌ Leo | July 23-Aug. 22. Ask first when it comes to a big decision at work. If you don't, you will run into opposition that may leave you stranded.

♍ Virgo | Aug. 23-Sept. 22. Helping others will be gratifying and valuable down the line. You should go out of your way to help others, because you'll need to call in some favors.

BERNICE BEDE OSOL

Letters

The not-so magnificent seven

Re: 'Guns in our cities' investigative series (Metro, week of Sept. 23) Wait: New York Gov. Cuomo pushed through legislation requiring magazines with no more than seven rounds before finding out whether they actually exist? And his fix for the problem is to allow the purchase of 10-round magazines, but trust New Yorkers to only put seven rounds in them? Seriously? But he wasn't grandstanding when he passed it, right? New Jersey has some of the toughest gun laws in the country, but at least they've been thought out and are enforceable.

BRUCE A. BENNETT, VIA EMAIL

A gun can be a girl's best friend

Re: 'A Girl & Gun "empowers" women shooters' (Metro, Sept. 25) I am for gun ownership

and use by responsible citizens. The article was sarcastic toward women who use guns. The woman profiled in the article, Adrienne Nicotera (though she partially is right in getting certain women to stop being squeamish about using guns), is not the right representative of the empowerment of women by making gun use less male-dominated. She did not want one in the house until, ironically, her Army husband forced her to get over it and free herself to be more like a man and use a gun. If women think the gun industry is "using women" this way, the alternative is criminals making women the most prominent victims when it comes to crime, while women just sit at home and cry their mascara off and complain that they can't look too attractive in public.

LUCY MARTINEZ, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

5		2						3
9		3		8				4
		8		6	2			9
	2				4			
		9	6		1	2		
			7				6	
	8		2	1		7		
	9			4		1		6
1						9		5

				9	2		7	
			8	3				6
9	8	3			1			
			2	3	6	4		
6				5				7
	4	1	9		7			
			7			8	2	5
2				4	8			
	7		5	2				

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across

- 1 Beauty pack
- 4 Neutral shade
- 8 Hut
- 13 Jules Verne captain
- 14 Do pull-ups
- 15 "Hasta —!"
- 16 Shepard or Greenspan
- 17 Hatchet handle
- 18 Ice structure
- 19 Big rigs' radios
- 20 Up, down, charm, or —
- 22 Rodeo gear
- 24 Round tent
- 25 Funny-peculiar
- 26 A twist of —
- 28 Startled cry
- 31 Amber
- 34 Claptrap
- 35 Boundary line
- 36 Ottoman title
- 37 Trickle
- 38 Online journal
- 39 California's — Woods
- 40 Tenets
- 41 Deep fissure
- 42 Ms. Shriver
- 43 Tolerates
- 44 Make tracks
- 45 Aspirin target
- 47 Treaty subjects
- 51 Plant-eating dinosaur

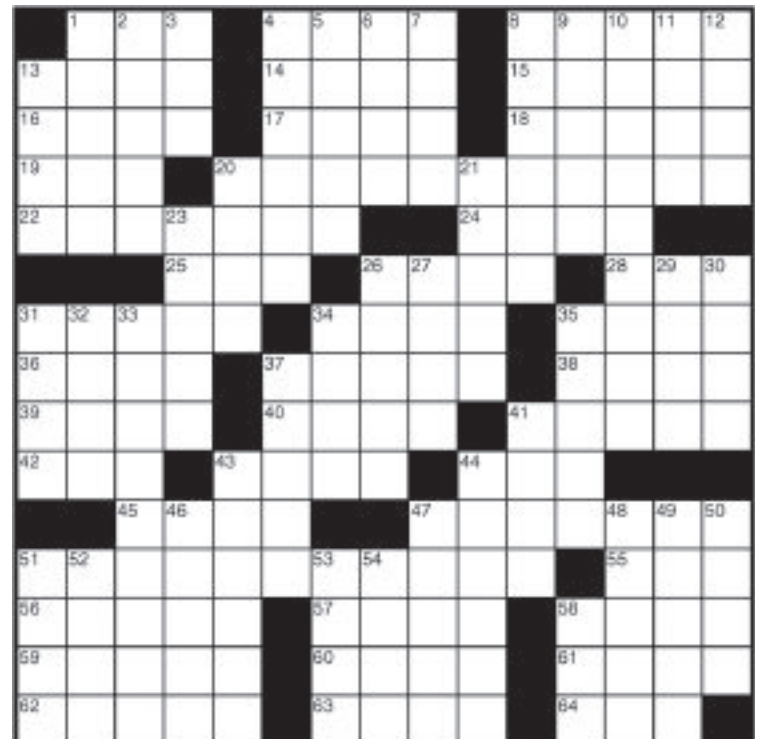
- 55 Half-star movie
- 56 Sextant updated
- 57 S&L offerings
- 58 Warden's fear
- 59 Glacial ridge
- 60 Hockey feint
- 61 They need a PIN
- 62 Mannequin
- 63 Took a good look
- 64 Scientist's question

Down

- 1 Kind of toast
- 2 Amherst sch.
- 3 Oxford tutor
- 4 Reverberated
- 5 Online talks
- 6 Falling-out
- 7 A law — itself
- 8 Exclusive group
- 9 Be an omen of
- 10 After the date
- 11 Frankenstein's assistant
- 12 Secluded spot
- 13 Table salt
- 20 Trunk or torso
- 21 Joseph Campbell forte
- 23 Fish finder
- 26 Bubbles up
- 27 Is curious
- 29 They're easily bruised
- 30 Tavern inventory

- 31 Pack down
- 32 Water, in Tijuana
- 33 Whined softly
- 34 Second to none
- 35 Flowed back
- 37 Mortgages
- 41 What snobs put on
- 43 A Barrymore
- 44 Gave lodging
- 46 Rock tumbler stone
- 47 Slow down
- 48 Dame — Sitwell
- 49 Wide
- 50 Bane of Pvs.
- 51 Close violently
- 52 Pamplona runner
- 53 Office assistant
- 54 Heavy hydrogen discoverer
- 58 Uncooked

Yesterday's answer



Coughlin calls out media as divisive

NFL. The Giants face an undefeated Chiefs team this weekend with very little room for error.

The NFL is an unsympathetic league, which is why Giants head coach Tom Coughlin noted his team's upcoming opponent, the Chiefs, will not feel sorry for their current 0-3 standing.

Coughlin began his weekly press conference fired up as he relayed the message he told his team as they begin their preparations for the unbeaten Chiefs.

"Be physical. I don't know how you say it any simpler. For us to regain respect—the respect that we've always had around the league—we need to be a physical football team," Coughlin said. "It's always been about our team. We talk about transitioning from the practice field to the game field. We can't get discouraged when things don't



Eli Manning was left battered and bruised by the Panthers' defensive line. / GETTY IMAGES

go your way. ... Continue to play as hard as you can and stay together as a team—which means being able to ward off all the questions that are intended to divide—which you people [the media] are very good at."

Eli Manning was asked if he thinks the season is already at a crossroads and whether he can feel it slipping away.

"No, I don't think that

[the season is already over]. My concerns are this week, versus Kansas City, and making sure we're getting better and have a great week of preparation. We're playing against a team that's 3-0 right now. They're playing good football, and we've got to play better football and get things rolling quickly," Manning said. "I think we're good. I think the guys know the only way

to make a difference and the only way for us to start winning games is to go out there, stick together, be smart in what we say, how we handle everything and how we prepare and practice. ... The only way we're going to win is if we come together as a team and play well as a team."

TONY WILLIAMS
sports@metro.us

Season changer



Granderson / GETTY IMAGES

Granderson to explore free agency

Robinson Cano is the Yankees' top free agent, but Curtis Granderson is also looking forward to entering that process for the first time this offseason.

Granderson is playing the last games of a five-year contract that he signed with the Tigers before the 2008 season. While Granderson is not unfamiliar with contract negotiations, the process of brokering a free-agent deal remains somewhat mysterious to the 32-year-old.

"I don't know because I've never done it before. If I had a chance to do it one way, where you go through one (process), and have this and compare, then I'd be able to better address that. But unfortunately, since this is the first time I'm getting a chance to do it, I'm not too sure how it's going to end up playing out."

Even with the enjoyment of New York in his mind, Granderson still looks forward to free agency.

"You get an opportunity to see if there is other interest out there," he said.

LARRY FLEISHER

3

SPORTS

Problem solved

Yankees offer free tickets

The Yankees are offering anyone who had tickets to Tuesday night's Mariano Rivera bobblehead game free tickets to a game of their choosing next season. The bobbleheads were late in arriving Tuesday night and massive lines lasted throughout the game as fans waited. Rivera joked yesterday he wouldn't have allowed the mess to happen if he had been in charge.



Locker organizer

Titans teaching own young QB

The rise of Geno Smith last Sunday in a win over the Bills means that for at least one week, the Jets have a new face for their franchise. The Jets' opponent this week is seeing its own young quarterback emerge as a budding star.



Locker has three touchdowns and no picks. / GETTY IMAGES

A shoulder injury derailed much of Jake Locker's 2012 season for the Titans, limiting him to 11 games and some rather average numbers in what was his second NFL season. But in 2013, Locker is doing a little bit of everything while winning games for his team.

"This is really his first year being the guy. I think he's mak-

ing good decisions," Titans head coach Mike Munchak said in a conference call with the New York media yesterday. "I felt last week it came together for him where he moved in the pocket well. He threw on the run quite a few times. He actually ran a few times. So I thought all of that was good."

KRISTIAN DYER

THE ONLY
ALL NUDE
18 & OVER
IN NYC!

OVER 200 HOT NUDE GIRLS!

SHOW PALACE

Gentlemen's Club • Restaurant

M-F 4pm-4am • Sat 7pm-After Hours • Sun 7pm-4am
42-50 21st Street • Long Island City • Upper Level 59th St Br

www.showpalaceny.com • 718-937-6969

ONE NIGHT ONLY!
THURS SEPT 26
PENTHOUSE PET
GINA LYNN
Live Show
DON'T MISS IT!

Touch



Blipp for
a touchy
video here

Use the Universal Language. Join the Metro Photo Challenge 2013!

Enter your photos in any of the
six sense-categories and have the
chance to explore West Africa as
our photo reporter.



metrophotochallenge.com

Photography: Ana Luisa Pinto, Portugal Metro Photo Challenge 2012

metro

www.metro.us
Thursday, September 26, 2013

SPORTS 36

GOOD TIME TO FLEX SOME MUSCLES

FANTASY

ADAM LEVITAN, LIVING THE FANTASY

METRO'S FANTASY GURU
BREAKS IT ALL DOWN



If you have two
functioning eyeballs, you
know that the NFL is a
passing league these days.

Thanks mostly
to the gradual wave
of rules that favor
offenses, we're seeing
unprecedented statistics

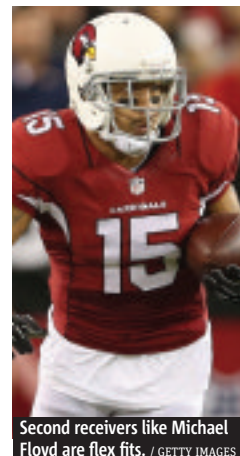
from quarterbacks,
receivers and pass-catching
running backs. We're also
seeing more and more
committees in backfields.
So how do we adjust?

Think outside the flex.

About five years ago,
owners that were deep
enough to use a starting
running back in their
flex spot had a huge
advantage. Not anymore.

In half-PPR leagues
this year, 15 of the top-25
players are wideouts.
Seven are running backs
and three are tight ends.
Simply put, receivers in
general are now scoring
more than backs. Think
about that when deciding
on a close call in your flex.

Taking shots. The reason
wideouts can be so
effective in a flex spot is
because the No. 2 or 3
guys get chances. While
we know a second back
like Ben Tate is capped
at 12 touches, a second



Second receivers like Michael
Floyd are flex fits. / GETTY IMAGES

receiver like Michael Floyd
is prone to go off at any
time. We saw it in Week
3, when Santonio Holmes
ripped through the Bills
and Denarius Moore got
lucky against the Broncos.
There are more big plays
in the passing game and
more chances for fluky
yet monstrous stat lines.

Sex On Demand

7 Seconds Until The Ultimate Sexual Experience

Demand for Code Red 7 is exploding with
the recent news that in 7 seconds, you'll
be giving her the toe curling experience
she needs and you both deserve. By
using today's most advanced technology
and the highest quality, fastest
working ingredients, you'll see that
jaw dropping moment we're talking
about..... in 7 seconds.

Get A FREE GIFT And A FREE supply!

We know it's almost unbelievable
that anything can work in 7 seconds,
nevermind improve your sex life. While
supplies last, we are giving away a FREE
stop watch and a FREE supply with your
order so you can see (and feel)
for yourself! Now there's no
excuse for less than spine
tingling enjoyment,
so call today before
inventory runs out
again.



Works in 7 Seconds

- Goes to work immediately
- Spine tingling sexual pleasure
- Reduced recovery time
for repeat performances
- Receive a FREE gift with your
FREE supply

Call Now While Free Supplies Last!

(Keep her coming back for more!)

1-800-989-2660

Please consult with your physician before taking any nutritional supplements. If you are on any medications, check with your doctor regarding dosage adjustments. Individual results may vary. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Do You Suffer from Varicose Veins?

VENOUS ULCERS • SPIDER VEINS
LEG SWELLING • LEG FATIGUE & PAIN



ADVANCED
VARICOSE VEIN
TREATMENTS OF MANHATTAN

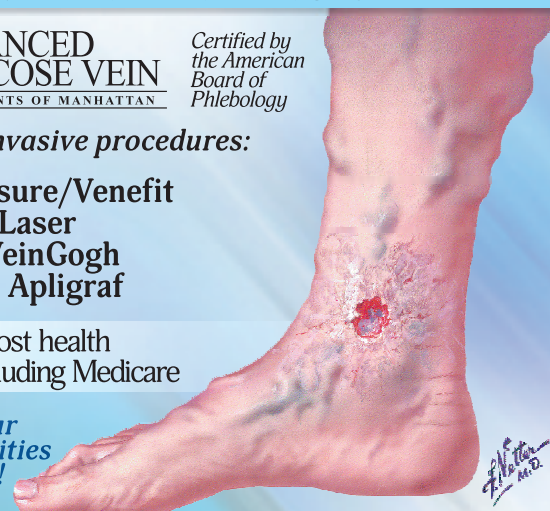
Certified by
the American
Board of
Phlebology

Minimally invasive procedures:

- VNUS Closure/Venefit
- VenaCure Laser
- Asclera • VeinGogh
- ClariVein • Apligraf

Covered by most health
insurances including Medicare

Return to Your
Normal Activities
Within a Day!



212.204.6501

www.TreatmentsOfManhattan.com
drlev@treatmentsofmanhattan.com

Downtown Manhattan
111 John St., Ste 1450
New York, NY 10038

(bet Pearl & Cliff St.)
Fulton St. Station: 2, 3, 4, 5, A, C, J, Z

Medical Research

DIRECTORY

To place an ad call Andrea Paz at 212-457-7831 or email andrea.paz@metro.us

VOLUNTEER FOR A CLINICAL RESEARCH STUDY

- Healthy African American males and females (females must be of non-childbearing potential)
- 18 – 55 years of age
- Normal weight to overweight (BMI 17.5 – 30.5)
- Be compensated up to \$3,000

You may be eligible for participation in a Clinical Research Study at the New Haven Clinical Research Unit. This study involves 12 overnight stays. Volunteers may participate in one group and must be available on all of the dates required by the study. Please call for complete study dates.

For this, or other studies, call: **800 254-6398** or **203 401-0100** or visit www.NewHavenCRU.com

You complete the equation.



- ✓ Get Paid
- ✓ Get Treatment
- ✓ Help Find a Cure

Search and enroll in a local study on

ZipTrials.us

Powered by metro



Manage weight gain with

LIFT

Individualized program for pregnant and postpartum moms.

Lifestyle Intervention for Two

Study program offered at St. Luke's-Roosevelt Hospital

- * 18 month program by dieticians and exercise specialists
- * No-cost counseling during pregnancy and postpartum
- * Compensation for completion of all study visits

Who may qualify?

- * 1 to 15 weeks pregnant, or planning pregnancy
- * Over 18 years of age, non-smoker

For more info:

212-523-8774



The LIFT Research Study (IRB#: 11-169) is co-sponsored at St. Luke's-Roosevelt Hospital by the Department of Medicine, Division of Endocrinology, Diabetes and Nutrition, the Department of Obstetrics and Gynecology, and the Department of Pediatrics.

Suffering from terrible anal pain? Does it hurt to go to the bathroom?

You may have an anal fissure. (We're completely serious and may be able to help)

You may qualify for a research study of an investigational cream. All study related medication and treatment will be provided at no cost.

You do not need health insurance to participate.

If eligible, you will be compensated for time and travel.



To find out if you qualify, email VEN307@ventrusbio.com call 855-4-PAINAF (855-472-4623) or visit www.clinicalstudysites.com

COLUMBIA UNIVERSITY MEDICAL CENTER

RESEARCH VOLUNTEERS NEEDED!

- ☒ I have been diagnosed with schizophrenia or schizoaffective disorder
- ☒ I am taking antipsychotic medication
- ☒ I am interested in learning more about this research study at the New York State Psychiatric Institute at Columbia University Medical Center

Reimbursement for travel expenses and compensation for time and effort will be provided

For more information about the study, call (212)543-4239 or studies@nyspi.columbia.edu

Eczema Research Study

Dealing with itchy, inflamed, red, and dry skin?

You may qualify for a research study where you can receive:

- Study related medication and procedures at no cost
- Reimbursement for time and travel

You do not need health insurance to participate.

CALL 212-710-9847 or

Email SRG@sadickdermatology.com



Legal and Professional Services

Directory

To advertise in this directory call Johan Svennerholm at 212.457.7823 or email JOHAN.SVENNERHOLM@METRO.US



FROM:

\$699 BANKRUPTCY

PAYMENT PLANS AVAILABLE • WE ARE A DEBT RELIEF AGENCY

INJURY • ACCIDENT POLICE CASES

FREE CONSULTATION • NO FEE UNLESS SUCCESSFUL

THE RAWLINS LAW FIRM
80 Broad St., 6 Fl. New New, NY 10004
212-470-2024

BANKRUPTCY

Are You In Debt?
Looking for a New Financial Start?
Looking for a Bankruptcy Attorney?
Want an Attorney Who Will Provide Friendly, Caring, Personal Service at a Low Price? Then Call
Jay Simon • 718.222.4619
32 Court Street, Suite 805, Brooklyn
Bankruptcy Only, Chapter 7 Specialist, Low Fee, One Set Fee, Installments, Personalized Attention, Free Consultation
Service • Savings • Satisfaction • Simon!

Health & Beauty

DIRECTORY

To place an ad call Mark Bonani at 212-457-7754 or email mark.bonani@metro.us

BACK PAIN ACUPUNCTURE

overweight stress anxiety back neck joint pain
fatigue pinched nerve poor circulation
sciatica migraine foot pain hair loss acne
massage physical therapy chiropractic

Accept 1199 aetna cigna oxford 115W 30 St. #500B (btwn 6&7 Ave)
unitedhealthcare bluecross blueshield 212-764-3924
healthplus affinity fidelis medicare & more 723 7 Ave #703 (48 St)
www.MedicalHolistics.com 212-470-0360

ASIAN STAFF

METRO

872 6TH AVE 2ND FL
MIDTOWN CITY ST

212.730.2112

GRAND OPENING

Point Me

Asian Beauty Salon

1st Ave & 15th St

646.896.1957

5pm-3am

EAST VILLAGE SPA

Beautiful
KOREAN/JAPANESE/TAIWAN
TATTOO/CHARTER

347.925.0034
816 810TH ST

GRAND OPENING

ASIAN BODYCARE

Couples Rooms

718.777.2889
25-19 ASTORIA BLVD QUEENS

ALOHA SPANYC.COM

ALOHA SPA

347.574.2323
252 W 14TH ST BET 7TH & 8TH

metroclassifieds

in print
&
online

TO PLACE AN AD:

866-900-9473

CLASSIFIED.METRO.US

NEWYORKCLASSIFIEDS@METRO.US

CLASSIFIED AD DEADLINE:

5PM TWO (2) BUSINESS DAYS BEFORE PUBLICATION

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

Jobs

Miscellaneous

LOOKING FOR A JOB? One Nation Employment Agency has All Positions Avail! 718-803-5288/ 718-803-5287 or Stop By 8037 B'dway Qns NY Fee

Healthcare

JOBS TRAINING

PCT • CNA • HHA
EKG/PHLE/Pharm Tech
MEDICAL ASSISTANT
A+, BA, QA, SAP
CNA FREE Training if eligible

SOLAR TECH
Call: 718-263-0750

STUDENT VISAS @ LOW COST
On Queens Blvd Next to E/F Train Q10 Bus
8002 Kew Gardens Rd, Kew Gardens, NY
www.ACCESSQUEENS.COM

RN's / LPN's / RN Supv/CNA's/PCA's /PCT's
Needed in NYC, LIC, Westchester,
Upstate NY and NJ.
Hospitals, Nursing Homes, Group
Homes, Corrections
Experience required
All Units & All shifts. FT/PT
WHITE GLOVE PLACEMENT
Paying the highest rates
85 Bartlett St., Bklyn, NY
Tel 718-387-8181 Fax 718-387-4359
www.whitelovecare.com

Comp. Networking(A+, MCSE, CCNA)
Comp. Programming (C++, Net, QA)
Medical Assistant
ESL (Free.. If you Qualify)

Nurse Aide (CNA)
EKG & Phlebotomy
Patient Care tech (PCT)
Dental Assistant
Pharmacy Tech. (PhT)
MS Office / CPR

Call: 866-487-5432

Access Careers, Brooklyn
www.AccessCareers.Edu
Close to 2, 3, A, C, G, R, Q, N, E, F, Train at Hoyt St
Financial Aid if qualify Licensed by NYSED

Ultrasound Med Assistant (RMA) Pharmacy Tech (PTCB) Dialysis Technician

Nursing Assistant (CNA).....\$699
EKG & Phlebotomy Combo.....\$699
Patient Care Technician (CPT).....\$699
Medical Billing (CBCS).....\$699
Med Off Administration (CMAA).....\$999
Pharmacy Technician (PTCB).....\$999
CPR (By American Heart Association Valid 2yrs).....\$80
ACCREDITED INSTITUTE

NEW YORK MEDICAL CAREER TRAINING CENTER
500 8th Ave. NY • 212-467-4444 • Close to Penn Station & Port Auth
36-09 Flushing Main St. • 718-460-4340 • Corner of Main Street & Northern Blvd
www.ny-medtraining.com

Jobs

Security / Law Enforcement

Security guards For hotels/ Corporate buildings FT/PT
PAYS \$11.45- \$21.45/hr
FULL DENTAL MED/ BENEFITS+UNION
MORNS/AFTERNOON/ NIGHTS. CALL 347-331-8696

A ABSOLUTE ACTUAL CAREER
80+ Guards needed, no exp nec, no felonies. FT/PT, up to \$22.50/hr.
*** Call 24/7: 212-470-4528 ***

A AMAZING OPPORTUNITY
All shifts avail, FT/PT, W/train, no exp necessary, up to \$22.50/hr.
No HSGED req'd. Call 212-470-9941

A BABY STEP - EARN \$\$\$\$
Armed & Unarmed, start ASAP.
FT/PT, Bilingual a +. Up to \$25 / \$42 an hour. Call Mr. Herc: 347-513-6697

A BASIC CAREER IN SECURITY
F/PT AVAIL, NO FELONIES NO EXP NEC., w/train if needed. Pay up to \$22.50/hr. Call 212-470-8757

ALL STAR SECURITY
Restaurants/Lounges/Nightclubs in NYC. Immed hire. 10a-6p 212-354-2773
nyjobs@csnysecurity.com

Attention FRONT DESK GUARDS
No exp req'd. Up to \$22/hr. FT/PT, IMMEDIATE OPENINGS.
Taking calls 24/7 at 212-273-1197

CORPORATE GUARDS NEEDED
Must be avail ASAP. No exp nec, FT/PT, Up to \$19.50/hr.
♦♦♦ Call 24/7: 212-470-8796 ♦♦♦

FRONT DESK GUARDS
Wall St. location, no exp necessary. Pay up to \$13.25 p/hour.
Call Lt. Kelly 347-246-9315

Transportation / Travel

DRIVERS- Bklyn ca. CDL "BPS"
Lic req. Board of ED & FT/PT Spn. for BOE cert. Apply 141 Hindsdale (Pittkin/Glenmore) Bklyn 718-485-8002

Transportation / Travel

*** NYC School Bus Drivers & Escorts ***
Exp'd & Board of Ed Certified.
Apply in person. Immed positions.
1 Coffey St., Brooklyn. 718-852-0286

General Help Wanted

LOBBY ATTENDANT/ OFFICERS FT/PT PAYS 12.45-22.35 P/H
FULL DENTAL/MEDICAL BNTS+UNION.
MORNS/OVERNIGHTS
CALL 347-331-8696

NEW JOB!!!
COME JOIN US!! Up to \$19/hr
* START IMMEDIATELY *
Fun, Positive Atmosphere
Oppty for Growth & Higher Earn- ings. No Exp Req. Training provided
CALL 718-210-3642

CUSTODIAL MAINTENANCE, HOUSEKEEP
F/T Immediate. Med'l & vac. Must be over 18yrs. No exp nec, photo I.D.
\$13-\$25/per hr. Call: 1-888-505-3553

*** DELIVERY PERSONNEL ***
START TODAY
Up to \$400 Per week
263 West 38th Street 14th Floor

DENTAL ASSISTANT
Exp'd in digital X-Ray, Full time. Bilingual English & Spanish. Queens. 516-660-4118

DIESEL & GASOLINE MECHANICS
School Bus Ca. Full & Part time. Union Shop Apply in person:
1 Coffey St, Bklyn. 718-852-0286

Elevator Repair/Conversion Mech
N. Bronx. Must be experienced, valid drivers license & references req'd.
Good benefits. Fax: 718-365-7496.

Plumber Apprentice 2-5 yrs exp.
Must have worked for lic'd plumber. Know fittings & have clean driver's lic. Chelsea area of Manhattan. Fax resume to 212-431-4873

SUPERVISOR, PHARMACIST F/T
Flushing, Qns Loc. Must have degree, be Lic'd & have exp. Email res to: sresonjohnson@gmail.com

Business Opportunity-Owner/ Operator-Open House
Deliver newspapers as an Owner/Operator under agreement with our company in Manhattan.
Earn up to \$1,000+/month. Must have dependable car.
Call 646-277-3795 for details

Ashmatt Employment Agency
Nannies, housekeepers, cooks, pre-cooks, grillmen, dishwashers, drivers and cashiers among other job opportunities. (718) 478-5690

Training

Security - LEA, 8-hour pre employment class & 8 hours annual for \$25, 16 on the job for \$50. Fire guard prep course. Call for info 347-293-7224

Home Health Aide/CNA Training

NYSED. Assistance for slow learner. Long time out of school placement assist. Btw Grant & Eldert 718-349-8003

EXTERNALIZATION/Termite Certification

NYS cert. 69 days. Jobs/biz Fin'l aid if qual. 24hr 718-205-0557/800-220-5494

metr@classifieds

TO PLACE AN AD CALL 866-900-9473

OR VISIT US AT **www.metro.us**

Services

Careers

HIGH SCHOOL DIPLOMA FROM HOME
6-8 weeks accredited
Get a Diploma! Get a Job!
No computer needed!!
Call 24/7 for free brochure
1-800-264-8330
www.diplomafromhome.com
Benjamin Franklin High School

Miscellaneous

FREE PERSONALITY TEST

Test the 10 key traits that determine your future success and happiness, and find out how to improve them.

(212) 921-1210 **Church of Scientology of New York** 227 W 46th St.

GHOSTWRITER I can write your Book, Movie, Project. Get Published. Make money.
718-721-3559

REDUCE YOUR CABLE BILL!

Get an All-Digital Satellite System installed for FREE and programming starting at \$19.99/mo. FREE HD/DVR upgrade for new callers.
SO CALL NOW
877-356-0526

Health & Beauty

SERIGNE
917-679-1518

Spiritual Reader & Coach
bring back loved one, stopped infidelity in Relationship, marriage, fixed Domestic issues, job success in business, court case, removed bad luck, witchcraft, black magic. Stop enemy & offer protection.
FAST RESULTS
africanpsychicny.com

SHEIKH SALEEM

917.254.6647
MYSTICAL AFRICAN MEDIUM & SPIRITUALIST

SOLVES ALL YOUR ISSUES.
LOVE SPECIALIST, REUNITE LOVERS, BUSINESS, JOB, COURT, LUCK, BLACK MAGIC, PROTECTION, IMPOTENCY, IMMIGRATION, ETC. ENGLISH AND FRENCH SPEAKING
QUICK RESULTS
www.africanmedium.com

Never Shave Again!

Laser Hair Removal Specials
Lip, Chin or Underarms \$50
Pamper Yourself
Brazilian or Bikini \$150
Treatments 2 for \$99 (\$50 value)
Deep Pore Cleansing Facial
60 Minute Aromatherapy Massage
Nina's Day Spa & Laser Center
212.594.9610

Mr. Mamadou

African Spiritual Healer
Specialist in all effective problem: Brining love one back, removing bad spells and black magic, success in business, financial problem, exam and much more...
I can help you be happy again 347-835-5236

AMAZONIAN SHAMAN

natural born Psychic and spiritual healer
Are you suffering for love? Are you tired of calling and never get a call back from that special person you love? Is your love one ignoring you or neglecting you? Stop suffering for love call me now
---347 474 5886 ---

CLIENTS TESTIMONIAL

"My name is Lisa I visited Mr shaman 2 weeks ago and I'm very happy with his work, he told me from the beginning how my husband was cheating on me with my friend from work, we put a spell on him and he is not longer with that woman. thanks Mr shaman."

"Mark from Brooklyn: I have tried many time with other psychics to get a cleansing to improved the sales on my business but nothing really worked, Mr Shaman told me that one of my employees was doing voodoo on me, and I saw with my own eyes that he was really helping me."

"My name is Samantha I'm Gay and I'm from Long Island and I visited Mr shaman in his office in Manhattan and then in new Jersey, to get my Girlfriend back, she is living with me again and I feel like the most happy person in the world."

I HELP WITH:
Luck and money problems
clean black magic spells
get protection from enemies
Court and legal problems
Remove evil spells from homes, business or persons
---Guaranteed Results---
**CALL NOW 347 474 5886 **
See more real testimonials on my website
www.amazonianshaman.com
Consultations in Manhattan and New Jersey call or txt 347 474 5886 to get an appointment today

Psychic

SPIRITUALIST AND MARIBOU

Want solutions for all your problems? Heals the body, stops witches, defeats enemies, and offer powerful protection. Do you have problems with relationships, family, financial, property, court, or immigration cases?

718-213-9945

Vehicles

NISSAN MURANO 2005 * 70k mi,
Immaculate cond, 1 owner, Pure White, \$14K. Owner 917-754-6534

Pets

Pet Walkers

ADORABLE YORKIE PUPPIES

CALL TRACY 718 236-1515

MALTESE PUPPIES

Adorable Toy & Teacup sizes. Call 718-259-2295

SHIH-TZU PUPPIES

Toy & Imperial Sizes, All Colors
Call 718 236-7567

YORKIE PUPPIES

Adorable Toy & Teacup Sizes
Call 718 331-0977

Notices

Notices

Notices

Notices

Northern Manor

Adult Day Care Center

is conducting an open invitation for

Kosher Vendor/Catering Services to provide breakfast, lunch, snacks and supper at the address below.

Specifications and invitation for bid packet may be obtained by contacting Gelena Deverman at 845-494-0488; during the hours of

9am - 5pm.

Sealed bids must be received by noon on October 2, 2013.

All work will be conducted in strict accordance with the bid specifications and in compliance to the CACFP guidelines.

Bids will be opened and read on October 2, 2013 at 3pm at

1 Prospect Park West Brooklyn, NY 11215

Legal Notices

NOTICE IS HEREBY GIVEN that a license, Number Pending for On-Premise Liquor has been applied for by the undersigned to sell Liquor, Wine & Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 105 W. Sunrise Hwy., Lindenhurst, NY 11757 for on-premises consumption. Mi Encanto, Inc.

NOTICE IS HEREBY GIVEN that a license, Serial # 1273634, for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail under the Alcoholic Beverage Control Law at 130 St Marks Place, New York, NY 10009. New York County, for on-premise consumption. Fatebenefratelli LLC.

NOTICE IS HEREBY GIVEN that a license, Serial # Pending for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in Restaurant under the Alcoholic Beverage Control Law at 2809 Ocean Ave., Brooklyn, NY 11229 for on-premise consumption. Ginza Sushi X Inc.

NOTICE IS HEREBY GIVEN, PURSUANT TO LAW, that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday, October 9, 2013 at 2:00 p.m. at 66 John Street, 11th floor, on a petition from 184 3rd Avenue Restaurant Corp. d/b/a Gramercy Cafe to continue to, to maintain, and operate an unenclosed sidewalk café at 184 Third Avenue, New York, NY 10003 in the Borough of Manhattan for a term of two years.

REQUESTS FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

NOTICE IS HEREBY GIVEN that a license, serial # 1273624, for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail under the Alcoholic Beverage Control Law at 173 Mott St., NY, NY 10013. New York County, for on-premise consumption. Let's Eat Cantina Inc.

NOTICE IS HEREBY GIVEN, PURSUANT TO LAW, that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday, October 9, 2013 at 2:00 p.m. at 66 John Street, 11th floor, on a petition from Mezzaluna Associates to continue to, to maintain, and operate an unenclosed sidewalk café at 1295 Third Avenue. In the Borough of Manhattan for a term of two years.

REQUESTS FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

Business Opportunities

Auto collision shop for sale.

Approx. 6500 sq ft. Renov. w/spray booth, point station. Turn key. Long lease. Stillwell Ave. Bklyn. 717-364-1508


Real Estate/Sale

PUBLISHERS NOTE

All real estate advertising herein is subject to the Federal Fair Housing Act of 1968 and state and local fair housing laws. The Fair Housing Act makes it illegal to advertise any preference, limitation or discrimination on the basis of race, color, religion, sex, handicap, familial status, or national origin or an intention to make any such preference, limitation or discrimination. State or local laws may make unlawful advertising that discriminates on the basis of age, marital status, or sexual orientation. Metro US will not knowingly accept any advertising for real estate which violates the law. The law requires that all dwellings advertised are available on an equal opportunity basis. If you have any questions regarding housing discrimination, call the Long Island Housing Services at (800) 660-6920 in Long Island or the Anti-Discrimination Center at (212) 346-7600 in New York City. To file a complaint call HUD toll-free at (800) 669-9777 or the New York City Commission on Human Rights at (212) 306-7500.

Homes

Flatbush E 31 St ★ Open House Sat & Sun 12-4 pm. 2 fam brk, fully renov, 33 br + fin bsmt, locust, granite kit ★ Owner 718-740-5222 / 646-431-0105 ★

★ SPRINGFIELD GARDENS ★ Renov, lovely 2 fam, 6 lg brs, 5 full bths, fdr, 2 kits, huge fin bsmt, lg yd. 1 car gar. ★ Owner 917-337-1425 ★


Real Estate/Rent
Apartments

APT 4 RENT, OZONE PARK, QNS. 30mins to NYC, A train. 2BD W/ LG living room Apt. Avail. Open House after 8pm & SUN all day. 718-683-0797 & Single rooms Also Avail.

400 E. 162 St. Melrose 3 Brs RR apt, 2nd flr. Very clean, New Kt. Near Shops & Metro North. \$1425/mo. Brokers Welcome. Owner 212-695-3510

Bainbridge/All Bronx Stu fr. \$775, 1 Br fr. \$875, 2 Br's fr. \$1050, 34 Br's, fr. \$1250. Also no credit check reqs. avail. MAZIE'S RE 718-293-6555

FORDHAM PARK AVE Newly Renov 3 Bdrm in 2 fam, 1st flr. \$1400/mo. Credit & ref ck req. Nr transp & shops. Owner 646-724-4239

Mt Vernon Heights Small 1 br apt. Close to 55 bus. and Sanford Blvd. No Fee. Call Owner 973-810-6235

EAST NY RENOVATED 2 BR APT, 1st floor In 4 Family, Wood Floors, Sec 8 ok. Call owner 347-822-5765


Real Estate/Rent
Apartments

Springfield Gardens FURNISHED STUDIO Apt. 300 Mo. gas & electric included 1 No rent, 1 No sec. No Pets Non-smoker. OWNER 917-244-0760

Elmhurst: Must see New 3 BDR Apt, 2 full bath, 5 minutes from subway/bus and mall. \$2000/month. Credit chk req'd. Owner 347-667-9384

JAMAICA - 1 BR Apt, Kitchen, Full bath, hardwood flrs, easy access to E Train. \$1250/month, light & gas ind. Call aft 5pm. By owner 917-396-0033.

IRVINGTON Large 1 Bdrm Apt Pay own Utilities. \$800/mo. Downtown Newark Loft \$1200/mo Call Agent 973-493-8519

Commercial

BOOMING PIZZERIAS FOR SALE 3 Busy STATEN ISLAND Locations: ★Charleston - 906sf \$590k gross yearly (Owner financing avail.) ★Dongan Hills 2008sf \$330k gross yr ★New Brighton 1000sf \$450k year Vito Canenna NYS Lic R.E. Broker Call 718-874-8300 or 646-785-7516

Miscellaneous

BOSTON RD. & CROTONA PARK Fully Furnished Room, Kt & Bath facilities. Refs req. Util incl. Call Owner bet. 8am-9pm. 917-560-8829

CANARSIE ★ Furn'd Room for rent. Cable/Internet Ind. \$175/wk. 1 wk Rent + 2 wks sec. Non-smoking /Male Pref'd. Call Owner 718-219-2177

Springfield Gardens Furnished room, private bath. No smoking \$165/week plus 2 weeks security & 1 week rent. Owner 718-528-5630 or 718-930-3725

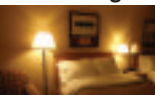
FAR ROCKAWAY Room for rent. Non-Smoking. Share kit & bath. \$150 per week, 2 wks deposit. Credit & refs checked. Owner 718-864-9660

Rooms
All Manhattan & Bronx


Furnished Rooms For Rent ! Cable/Internet Ready! Move in Today! All Utilities Inc.! Starting Just \$125/wk! Call Us Now: (212) 368-2685

Affordable Furnished Rooms in Manhattan


Utilities Included Some Day Move In Cable, TV, Internet No Credit Check \$125 per week Call 212-862-0457

100's Available, All Boroughs


Private Entry Bath Cooking 1 Person/2 Person \$125/wk/up room rentals 212-697-3962

Rooms

X-LG Furnished Room in Riverdale, Bx. Next NYC. 1,4,D,B& MN Trains. 20 mins from Midtown. \$160/WK. Ref. Req. Call 917-862-9053

metr@classifieds

TO PLACE AN AD CALL 866-900-9473

OR VISIT US AT www.metro.us


Career Training
Deliver the Good News!

Start training now in **DIAGNOSTIC MEDICAL ULTRASOUND.** Learn to take ULTRASOUND images and make a difference one heartbeat at a time. Call Sanford-Brown!

Call now to get started!

866-861-1444

Sanford-Brown Institute • New York, NY • Garden City, NY

Licensed by the New York State Education Department

Programs vary by campus

sanfordbrown.edu

Interested in Healthcare, but don't know where to start?

Get your copy of the Healthcare Career Guide. Learn about healthcare opportunities, training options, and where the industry is going. Inform yourself on the steps you can take to be a part of the healthcare trade. Start today, call now!

Call now, to get your copy!

866-933-2444

Sanford-Brown Institute • New York, NY

Licensed by the New York State Education Department

sanfordbrown.edu

NEEDED: People to train in Non-invasive

CARDIOVASCULAR TECHNOLOGY!

Train in this exciting field

and you could help save lives!

Call now to get started!

866-932-7444

New York, NY • Garden City, NY

Licensed by the New York State Education Department

sanfordbrown.edu

Programs vary by campus

Want to make a change in your life? Interested in healthcare?

We offer hands-on training in a variety of healthcare fields. Classes starting soon!

START TODAY! 866-942-6444

SB Campus - an affiliate of Sanford-Brown - Melville, NY

sbmelville.edu

Programs vary by campus

Tired of your Job? Want to pursue a new career??

Not sure where to start???

With training in Medical Assisting,

you too can start a new chapter in your life!

Degree program available!

Call now to get started!

888-350-8333

SB Campus - an affiliate of Sanford-Brown - Melville, NY

sbmelville.edu

Programs vary by campus

**SEARCH IT.
FIND IT.
BUY IT.**

metr@classifieds


Lead paint poisoning affects over one million children today.

Learning disabilities, hearing loss, speech delays, violent behavior and, in rare cases, seizures and even death: these are just some of the effects lead paint poisoning has on young children. If your home was built before 1978, lead paint on your walls, doors, windows and sills may be dangerous. And it's not just large paint chips that can cause damage. In fact, three granules of lead dust are enough to poison your child. Let's make all kids lead-free kids. To learn more about the simple steps you can take to safeguard your family, log on to LEADFREEKIDS.org or call 800-424-LEAD.


RESERVE YOUR SPACE

DEADLINE: two (2) business days prior to publication at noon. **866-900-9473**

metr@classifieds



HEALTH REPUBLIC
INSURANCE

I WILL



Healthcare reform is coming

(It's time to make great things happen.)

Health Republic Insurance of New York | newyork.healthrepublic.us | 888-990-5702